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# THE RIVER WEEKLY NEWS

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Vol. 15, No. 43

From the Beaches to the River District downtown Fort Myers

OCTOBER 28, 2016



*Empire* by Arturo Vega

photo courtesy FSW

## Vega Retrospective At Rauschenberg Gallery

The exhibit *Empire: An Arturo Vega Retrospective* will open with a public reception on Friday, November 4 from 6 to 8 p.m. at the Bob Rauschenberg Gallery at Florida SouthWestern State College (FSW).

The show, held at the FSW's Lee County campus, runs through December 17 and includes guest lectures, performances and a panel discussion exploring Vega's broader impact on popular culture and contextualizing his work as a visual artist.

The panel discussion with guests Carlo McCormick, Legs McNeil, Anthony Haden-Guest and Adam Lehrer is scheduled for Saturday, November 5 at 1 p.m.

A collaboration with The Arturo Vega Foundation in New York City, *Empire: An*  
continued on page 14

## New Exhibit At Art Center Celebrates The Power Of Positivity



Bradford Hermann with one of his paintings

photo courtesy SBDAC

This November, the Sidney & Berne Davis Art Center (SBDAC) hosts the paintings of Bradford Hermann with an opening night celebration for his exhibition, *Letting Go*, during Art Walk on Friday, November 4 starting at 6 p.m.

Hermann's show contains work that explores how people rid themselves of negativity. Hermann is a self-taught artist for the past 16 years, and has been

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Painting by Brad Phares

images courtesy SWFL Community Foundation

## Florida Outdoors Featured In Exhibit

After the successful *Faces of Philanthropy* exhibit celebrating its 40th anniversary in 2016, the Southwest Florida Community Foundation will launch a new art display at its Community Hub in November.

Beginning Friday, November 4, the exhibit *Wide Open Spaces* will feature the Florida outdoors through the eyes of local artists Martin Gembecki and Brad Phares.

Buckingham resident Gembecki is a North Fort Myers High School and Ringling School of Art and Design graduate in the field of illustration. After graduation, he worked for local ad agencies before becoming a firefighter, yet remained self-employed

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*Fish House* by Martin Gembecki



Historic Downtown Fort Myers, Then And Now:

# Riverfront Transition



by Gerri Reaves, PhD

This April 2012 bird's-eye view shows the Riverfront Detention Basin Project in progress along Hendry Street north of Bay.

Note the heavy machinery, piles of white sand and the mesh-draped chain-link fencing around what would become a sharply angled pool near the Bay and Hendry corner.

Although the project was controversial at first, it would be difficult to argue now that it wasn't a good idea. In fact, the City of Fort Myers won a Grand Award for Engineering Excellence in the Florida Institute of Consulting Engineers' competition.

As the contemporary photo shows, the project beautifully enlarged and enhanced the riverfront park. What isn't so apparent, however, is that it is also a water-quality project.

Those pools and fountains, the bridge over Edwards Drive and the soothing bubbling and spraying water features conceal the project's real purpose: the cleansing of urban-runoff pollutants from water before it flows into the river.

Downtown has come a long way since outhouses on docks were a major pollution source!

That project also turned out to be a lesson in history, as "the dig" uncovered evidence of the historic working waterfront.

If you could time-travel back a century and get a bird's-eye view of the area in the photos, the first thing you'd notice is that much of the scene is underwater.

A century ago, Bay Street marked the northern "edge" of downtown, with the waters of the Caloosahatchee lapping just feet away. The Hendry Street Dock (aka Ireland Dock) essentially began at Bay – where the corner entrance to the basin project is now.



In 2012, the Riverfront Detention Basin Project was under way on land that historically was under the Caloosahatchee River. Hendry Street runs left to right across the center of the photo.



Soon, the construction of a hotel, convention center, and Harborside Event Center hotel parking garage will begin on the parking lot adjacent to the basin project. Bay Street runs along the lower right corner.

photos by Gerri Reaves

Clustered at the dock's "entrance" on Bay's north side were a hotel on the east side and a wagon works and blacksmith shop on the west.

Near the former location of those businesses, artifacts linked to them were unearthed during project construction, including rusty horseshoes, a hand-forged chain, a hand-crafted wheel and various bottles.

Another notable difference from a century ago is that Bay Street dead-ended at Hendry. The basin project is constructed on land created with fill, as downtown expanded riverward with a series of seawalls.

Portions of those deteriorated seawalls were also uncovered during project construction. Pictured in one photo are pilings found about 300 feet north of Bay.

The transformation captured in the photos taken only four years apart is significant,

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Pilings from an early seawall were unearthed in 2012 during the construction of the basin project

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Fort Myers Art:

# Sanibel Gallery Has Upscale, Beachy Viewing



by Tom Hall

**W**atson MacRae Gallery reopened on October 18 with an eagerly awaited and well-attended celebratory all island open house. The gallery has moved around the corner

to the front of The Village Shops on Periwinkle Way. The space possesses good bones and a wonderful history. The suite was originally leased to Stanley and Livingston, a travel and clothing business started by the Owens family. It was most recently the home of Bill Wilson's fine jewelry. "His creativity, caring, dry humor and Tricia's graciousness linger," gallery owner Maureen Watson pointed out. The 1,100-square-foot space features rich, stained wood ceilings, broad cedar beams, exposed air-conditioning duct work and blond tongue-in-groove wood Florida pine flooring. "It's the original flooring from when the plaza was built around 1987," said Watson. "It was sanded five times to bring back its natural color. I had the contractor [Rick Kennedy] leave it natural with a matte finish." Muted grey walls soar to the apex



Open house attendees at Watson MacRae Gallery on October 18

photos courtesy www.artswfl

of the vaulted ceiling. Although the gallery itself is roughly rectangular, the space also includes interesting nooks, inviting alcoves and broad windows that usher tons of organic light inside. It all works symbiotically to create an upscale, beachy viewing environment in which to enjoy and appreciate the two- and three-dimensional artworks the gallery displays during its monthly exhibitions. If you missed the open house, you can experience the new space during regular business hours or wait for the artist receptions associated with the exhibition openings that will take place throughout the season. For planning purposes, Watson MacRae's Season 9

show schedule follows:

- November 15 – Oh, Florida!
- December 6 – The Fine Art of Contemporary Craft V: Collections
- January 10 – Sculpture Different
- February 7 – Aviary: An Installation
- March 7 – Works On and Of Paper
- April 4 – Summer Salon '17

Exhibits always open on a Tuesday with a 5 to 7 p.m. artist reception and remain on display throughout the balance of the month. Watson MacRae Gallery is a fine art and contemporary craft gallery that features 30 to 50 artists from around the country. "I mainly look for people that do things that are very well done. That has soul. That is visually and emotionally engaging, and that can be work in wood or glass," Watson explained. "It is like an adventure finding new artists." She often relies on networking, consulting artists she already represents for leads and referrals about artists whose work will also fit in. And then there is the Internet. "I find pockets of artists that live in a certain place and look at prestigious art shows in an area. Having identified some artists, we'll write each other and then I'll take a road trip. It's a way of

fostering a relationship with an artist, seeing their new work and meeting new artists for a possible fit." Watson makes a point of bringing in artists whose lives are their art. "One of the reasons I started this gallery," she said, "is because what artists do and the sacrifices they make to give us their beautiful work deserves somebody working for them. And since sales is in my background, that is what I can do." Not surprisingly, many of Watson MacRae's artists are represented in museums, "which is a criteria you look for when you look for good artists." A number have work in other galleries as well. You will find Watson MacRae in Unit G3 of The Village Shops, located at 2340 Periwinkle Way on Sanibel. For more information, call 472-3386 or email Maureen@watsonmacraegallery.com.

## Fine Craft Guild To Demonstrate Techniques During Alliance Artists@Work

Members of the SWFL Fine Craft Guild will demonstrate their various techniques during Artists@Work at the Alliance for the Arts on Saturday, November 5. This free, family-friendly demo day runs from 10 a.m. to 1 p.m. during the Alliance GreenMarket. Participating artists include:

- Nancy Griffin (fused glass)
- Sue Archer (vitreous painting)
- Dale Eulitz (wire wrapped jewelry)
- Sandra Johnston (knitting)
- Lynn Ondercin (stone sculpture)
- Jeanette Igoe (clay ceramics)
- Ana Santiago (ceramic tiles)
- Petra Kaiser (fused glass)

Members of the SWFL Fine Craft Guild combine old craftsmanship with contemporary techniques to produce unique works of art. For more information about Artists@Work, visit ArtInLee.org or call 939-2787. Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱



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## Florida Junior Duck Stamp Winner



Cypress Lake Middle School student Sofia Souza placed second in Group 3 of the 2016 Florida Junior Duck Stamp Contest at JN "Ding" Darling National Wildlife Refuge on Sanibel Saturday, October 22. She is pictured with her teacher Joy Williams. photo by M. Husebye



# It's All About Eva At Broadway Palm

by Di Saggau

**E**vita by Andrew Lloyd Webber and Tim Rice is now showing at Broadway Palm Dinner Theatre. One of the fascinating aspects of this show is that it's based on real historical figures. We follow young Eva Duarte's journey from humble beginnings to stardom, and her marriage and influence on Juan Peron when she becomes the First Lady of Argentina. Told mostly through song, the story spans the rise to prominence of Eva from the age of 15 to her early death at the age of 33.

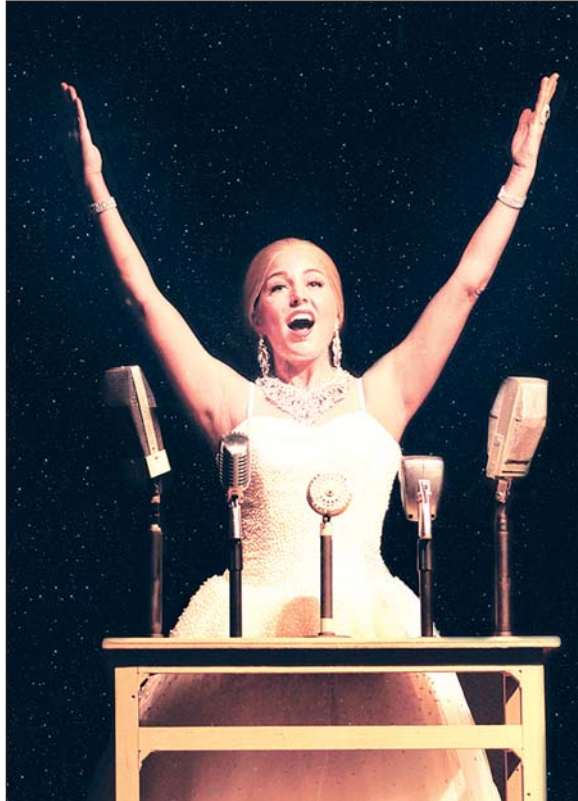
Being one of my favorites, I've seen the show multiple times and there's so much to like in this production. Let's start with Mark Alpert, who plays Che. He gives a memorable performance as the story's narrator, the one who binds the plot line together. He is onstage most of the time and performs in all but a few of the show's musical numbers. His rich voice gets quite a workout, and throughout the production, he commands the stage with his energy and strength.

April Monte as Evita, with her clear soprano vocals, is up to the challenging task. She shines in *Don't Cry For Me Argentina* and also in the duet with Peron in *I'd Be Surprisingly Good For You*. Peron, played by James Rio, demonstrates special vocal prowess in *She Is A Diamond*. Chris Trimboli as Magaldi, Eva's one-time flame, performs splendidly in *On This Night of a Thousand Stars* and *Good Night and Thank You*. Sarah Cammarata makes a brief appearance as Peron's mistress, whom Eva dismisses and sends on her way. Her rendition of the emotional ballad *Another Suitcase In Another Hall* is lovely.

Director Brian Enzman and choreographer Amy Marie McCleary lead an extraordinary ensemble, one of the best I've seen. Every man, woman and child provide the right balance in support of the lead vocalists. Together, their strong, fine voices enhance the beauty of the dance and choral numbers. The choreography is exceptional, from military marching to the tango; everyone is in perfect step. I especially loved the way the upper class slithers on stage from time to time, moving as a whole unit. Quite remarkable.

Historians and authors have debated over the years about the historical accuracy of Rice's portrayal of Eva. Some feel criticism about her positive attributes have been understated, but regardless of your thoughts on the matter, this show is bound to please. It won seven Tony Awards in 1980 and has achieved considerable success throughout the world.

*Evita* plays through November 19 at Broadway Palm. Tickets can be reserved by calling 278-4422, by visiting BroadwayPalm.com or by stopping by the box office, located at 1380 Colonial Boulevard in Fort Myers.✱



April Monte as Evita photo courtesy Broadway Palm

## Women's Club Meeting

**T**he Continental Women's Club's next luncheon meeting, scheduled for Thursday, November 3, will include a style show featuring Hollie's Boutique. Owner Hollie Schmid and her assistant, Aubrey Bengston, will coordinate the show and club members will model.

Schmid founded the first boutique on Sanibel 16 years ago. With the shop's success, she opened a second location at 9671 Gladiolus Drive in Fort Myers. Both boutiques have something for everyone, with an array of items and accessories fit for any wardrobe.

The club's monthly meetings are held on the first Thursday at 11:30 a.m. at Colonial Country Club, 9181 Independence Way in Fort Myers.

The cost for the luncheon is \$19. Call 672-8683 before 8 p.m. on Sunday, October 30 to make a reservation.

To learn more, call 561-8973.✱

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# Play Tells Engaging Story Of Woman Who Suffers A Stroke

The next show on the Laboratory Theater stage will immerse audiences in a sensory experience. Thanks to a grant from the City of Fort Myers, the play *Wings* uses a new surround-sound system, video and lighting to communicate what it is like for Emily Stilson from just moments before she suffers her stroke, through two years into her recovery. Opening night is November 11, with a pre-show reception beginning at 7:15 p.m. at The Laboratory Theater of Florida.

Loved ones of stroke sufferers, in particular, will appreciate the perspective shared in *Wings*. It is an opportunity to understand this profound experience, suffered by a significant number in the community. Lab Theater's Speaker Series featured a community event on October 24 called *Inside a Stroke*, providing additional learning opportunities with special guests including Dr. Joe Ryan, Lee Health System's manager of rehabilitation services and Peter Swet, a playwright and author who had a stroke when he was 49. Mary Michael, Swet's wife and primary caregiver, also took part. Peter Swet wrote a book about his experience, *Cracking Up: Nice Day for a Brain Hemorrhage*.

Producing Artistic Director Annette Trossbach leads this production. "*Wings* is the most challenging and rewarding show I've directed. This is not a living room drama; this will be an amazing experience for our audience members, who will be along for the ride in this stream-of-consciousness story," Trossbach said.

This fast-paced monologue is the story of Emily Stilson, played by New York City actor Cindy Chase, with supporting characters played by Kate Dirrigl, Patrick Erhardt, Rachel Blithe, Steven Coe and Lois McGuinness. Surround sound is



Cindy Chase plays Emily Stilson in *Wings*  
photo courtesy Lab Theater

designed by Mitch Haley, video by Brandon Grendell, lighting by Rosie DeLeon and set design by Matt DeNoncour.

*Wings* by Arthur Kopit is on stage at The Laboratory Theater of Florida on Thursday, Friday and Saturday nights, November 11, 12, 17, 18, 19, 25, 26 at 8 p.m. and Saturday and Sunday afternoons, November 13, 20, 26 at 2 p.m.

Tickets are \$25 for adults and \$12 for students. All tickets are available at <http://LaboratoryTheaterFlorida.com>.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in the Fort Myers River District.✽

From page 1

## Florida Outdoors

as an artist. While fishing with friends, he would photograph local wildlife and produce pieces of art based on the Matlacha-Pine Island Sound areas.

"My love of Florida cowboys and their culture began with the help of Latt Armeda," Gembecki said. "Latt and his family invited me to visit their ranch in Alva to photograph and help work their cows." This invitation led Gembecki to be able to pursue painting, and today he is living his dream of being a Florida cowboy artist.

Phares is an eighth generation rancher, artist, poet, writer and attorney from Okeechobee. After graduating from the University of Florida with a bachelor of science degree in agriculture and later from St. Thomas University School of Law with a juris doctor, he chose to focus on art rather than pursue a career as an attorney.

"I've channeled my childhood experiences working on my family's ranch with my multifaceted background into oil paintings and writings to

provide a perspective on ranch life unlike any other," Phares said. "I want to enlighten others as to the invaluable benefits that Florida ranches provide to our state's ecosystem and economy."

The majority of Phares' work captures and represents a realist view of ranch life in America today rather than an overly romanticized version that so many people in urban areas hold. He has exhibited throughout the southeastern United States, and his paintings are collected by private corporations and public institutions as well as the Seminole Tribe of Florida.

The exhibit is open to the public and will run through mid-January during regular business hours, which are Monday through Friday from 9 a.m. to 4 p.m.

Some photos are located in meeting rooms, so call 274-5900 before arriving to ensure all areas are accessible. The Community Hub is located at 8771 College Parkway, Building 2, Suite 201 in Fort Myers.

For more information, visit [floridacommunity.com](http://floridacommunity.com).✽

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**LAKES PARK (NEW DAY)**  
Wednesdays, 9am-1 pm

**CORNOG PLAZA (Downtown Fort Myers)**  
Starting in November  
Saturdays, 9am-1pm

**BONITA SPRINGS (at The Promenade)**  
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## Along The River

**P**etWalk returns to **downtown Fort Myers** this Friday, October 28. Held every fourth Friday from 6 to 8 p.m., the event will take place on the green space at Hendry and Bay streets.

The River District Alliance (RDA) stated there will be some fun new pet activities, including a pet costume contest, pet photography, an all-new dog agility course, a Downtown Dog Strut and more. Pet owners are invited to bring their furry friends but they must be well-behaved and on a leash during PetWalk. The pet costume contest has a \$5 entry fee per pet; the fee supports local charitable pet organizations.

For more information, contact Jared Beck at riverdistrictevents@gmail.com or 821-2765, or Pam Lemmerman at 849-1380, or visit www.fortmyersriverdistrictalliance.com.

**Sidney & Berne Davis Art Center** will be celebrating **Halloween** with live music and craft beer this Friday, October 28 at 8 p.m. As part of SBDAC's Noteworthy Concert Series, which pairs local bands and craft breweries, party-funk rock group Strange Arrangement will be matched with Bury Me Brewing.

Hailing from Pine Island, Strange Arrangement is a creative musical family organized by the brothers Van Kirk. Warren and Gregory each have a broad range of musical tastes that are incorporated into their original music. With familiar rhythms and catchy hooks, Strange Arrangement's music appeals to



The Island Paws annual Howl-O-Ween Party on Friday features dogs in costumes on Sanibel photo courtesy Island Paws

people of all ages and walks of life.

The evening begins with cocktails at 7 p.m. with the doors opening at 8 p.m. Costumes are encouraged. Tickets are \$10.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic Fort Myers River District.

Visit sbdac.com for more information and tickets.

Gulf Coast Humane Society (GCHS) will be at the **Over Easy Café patio** on Sanibel on Friday, October 28 from 5 to 7 p.m. for the **Island Paws 12th annual Howl-O-Ween Party**.

For \$15, you and your dog(s) can mingle among friends while consuming "pup-tails" and "yappitizers" while raising money for GCHS.

Enter to win the Island Paws annual dog Halloween costume contest, the first-ever "pup-kin" carving contest and buy tickets for raffles. Island Paws will also hold a pet food drive benefiting GCHS. Goody bags will be available to take home.

Island Paws began this annual party in its first year as a way to show customer appreciation. Owners Trasi Sharp and Lisa Clouse rescued Hazel, their mastiff mix, from a kill shelter in northern Florida. She was extremely sick with pneumonia and was heartworm positive. The two owners spent a year getting Hazel back to a healthy, happy life. They had a Hazel for Heartworm fundraiser and dedicated the donations raised to provide heartworm treatment for dogs.

The company has partnered with different organizations over time, but three years ago invited GCHS to become the Howl-O-Ween Party benefactor after Sharp and Clouse fell in love with the shelter's mission.

The Over Easy Café is located in the Sanibel Shoppes at 630 Tarpon Bay Road.

For more information, visit islandpaws.com or call 395-1464.

The **German American Social Club** will be celebrating its 31st annual **Oktoberfest** with its second weekend

of Munich in Cape Coral. Expect fun, good food, freshly poured domestic and German beer, live music on several stages, laughter and dancing.

The action begins Friday, October 28 from 4 p.m. midnight and continues Saturday, October 29 from noon to midnight and Sunday, October 30 from noon to 9 p.m. Tickets are \$6 at the gate; children under age 12 admitted free. Plenty of free parking is available. All event dates are rain or shine.

The German American Social Club is located at 2101 SW Pine Island Road. Call 283-1400 or visit www.capecoraloktoberfest.com for more information.

Veterans and first responders seeking legal advice take heed.

In partnership with the Invest in America's Veterans Foundation and Florida Rural Legal Services, the Lee County Bar Association (LCBA) will present the 2nd annual **Veterans and First Responders Legal Clinic** from 10 a.m. to 2 p.m. this Saturday, October 29 at the **Southwest Florida Military Museum and Library**, located at 4820 Leonard Street in Cape Coral.

The pro bono committee of the LCBA invites veterans, active military personnel, police officers and firefighters to receive free legal advice on matters including real estate/property, family law, estates and trusts, veterans' benefits and Social Security benefits. The clinic is free of charge for attendees with valid identification and no registration is required.

In addition to legal advice, attendees will have the opportunity to learn about the services provided by the foundation.

The clinic is spearheaded by LCBA President-elect Kelly Fayer. A volunteer appreciation lunch will be sponsored by Brad Jensen, a financial advisor at Edward Jones and U.S. Navy aviator from 1992 until 2013, now retired.

The LCBA's Pro Bono Committee develops and expands activities to provide access to the justice system for clients who are unable to pay for attorneys' services. For more information, visit leebbar.org or call 334-0047.

The 28th annual **Arts for ACT Gala and Fine Arts Auction** will be held at **Harborside Event Center**, 1375 Monroe Street, in downtown Fort Myers this Saturday, October 29 from 5 to 10 p.m.

The evening, presented by Bill Smith Appliances and Electronics, benefits Abuse Counseling and Treatment, Inc. (ACT).

Tickets are \$150 each and \$1,500 for a reserved table of eight, which can be purchased by visiting artsforactfineartauction.com or calling 939-2553.

This year's theme features a discotheque, upscale buffet, live entertainment from the original Studio 54 Band, cash bar and a fine art and luxury item auction. The cocktail hour offers a silent auction where guests can mobile bid as well as sip a signature drink from the Wicked Dolphin Rum Distillery.

Disco Ball guests are encouraged to wear platform shoes and 1970s-themed, semi-formal attire. Visit the Second ACT

continued on page 14



## SUMMERLIN JAKE'S Seafood and Steaks

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# FORT MYERS FARE

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### COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

### DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

### ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Spicy tuna at Ichiban Chinese & Japanese Cuisine

photo courtesy Ichiban

### IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

### IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring

his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

### ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. Now serving full liquor island cocktails!

2163 Periwinkle Way, Sanibel. Call 472-0606.

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### JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

### LAMOTTA'S ITALIAN RESTAURANT

LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine.

Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or coffee.

Summer hours include Tuesday through Friday from 11 a.m. to 9 p.m. and Saturday from noon to 9 p.m.; closed Sunday and Monday.

15660-225 San Carlos Boulevard, Fort Myers, 482-5505

### SAKURA CHINATOWN

Sakura Chinatown Chinese and Japanese Restaurant is located within the Kmart Plaza in the Iona-McGregor area at 15271 McGregor Blvd suite 24 in Fort Myers. The restaurant offers both Chinese and Japanese cuisine and is open from 11 a.m. to 10 p.m. Tuesday through Sunday. Dine in or pick up. Delivery is available within a four-mile radius. Call 332-0888.✱

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## Churches/Temples

### ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. [www.allfaiths-uc.org](http://www.allfaiths-uc.org)

### ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers. Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

### ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers. Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. [annunciation.fl.goarch.org](mailto:annunciation.fl.goarch.org), 481-2099

### BETH SHILOH

### MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

### BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166. Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

### CHABAD LUBAVITCH

### OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, [rabbi@chabadswf.org](mailto:rabbi@chabadswf.org). [www.chabadswf.org](http://www.chabadswf.org). Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

### CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus. An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com)

### CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

### CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: [www.taecc.com](http://www.taecc.com)

### COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937. Reverend Dr. Jeffrey DeYoe, Senior Pastor. Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

### CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442. Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

### CYPRESS LAKE

### PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. [www.clpc.us](http://www.clpc.us). Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

### CYPRESS LAKE UNITED

### METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

### FAITH FELLOWSHIP WORLD

### OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

### FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

### FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com)

### FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511. Pastor Reverend Joey Brummett. Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

### FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. [www.fumcftmyers.org](http://www.fumcftmyers.org). Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group. **FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION**

5916 Winkler Road, Fort Myers, 437-4330. Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

### FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor.

Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

### IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

### JESUS THE WORKER

### CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143. Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

### KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

### LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. [www.lambofgodchurch.net](http://www.lambofgodchurch.net). Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

### NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. [nbcministry@embarqmail.com](mailto:nbcministry@embarqmail.com), [www.facebook.com/nbcministry](http://www.facebook.com/nbcministry). Alex and Patricia Wiggins, Ministers

### NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. [www.newcovenanteyes.com](http://www.newcovenanteyes.com). LIFT Kidz program, free coffee and donuts.

### NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

### NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. [www.newhopefortmyers.org](http://www.newhopefortmyers.org).

### PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400. Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com).

### PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com).

### REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143. 8:15 and 10:15 a.m. Sunday Services. Daily early learning center/day care.

### RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

### SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org).

### SAINT COLUMBKILLE

### CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

### ST. FRANCIS XAVIER

### CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

### SAINT JOHN THE APOSTLE

### METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation. Sunday Services 10 a.m.

### SAINT MICHAEL LUTHERAN

### CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218. Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

### SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, [www.stpeterfmb.com](http://www.stpeterfmb.com).

Sunday worship service at 9:30 a.m.

### SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org).

### ST. VINCENT DE PAUL

### CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

### SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

### TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, [www.templebethel.com](http://www.templebethel.com). Rabbi. [barras@templebethel.com](mailto:barras@templebethel.com). Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism. Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

### TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. [www.tjswfl.org](http://www.tjswfl.org).

### THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

### UNITARIAN UNIVERSALIST

### CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. [www.uucfm.org](http://www.uucfm.org).

### UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

### UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers. Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, [www.unityoffortmyers.org](http://www.unityoffortmyers.org). Our God is Love, Our Race is Human, Our Religion is Oneness

### WESTMINSTER PRESBYTERIAN

### CHURCH (PCA)

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

### WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

### ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. [www.zionfm.org](http://www.zionfm.org) ✠



## Blues And Jazz Festival Debuts November 6



JP Soars  
photo courtesy San-Cap Optimist Club

by Jeff Lysiak

The inaugural Sanibel Blues & Jazz Festival, presented by The Sanibel-Captiva Optimist Club, will make its debut on Sunday, November 6 at Bailey's Center on Sanibel from 1 to 7 p.m.

Featured entertainment will include some of the leading performers of the genre, including British guitar virtuoso

and Blues Hall of Fame member Matt Schofield, local favorites The Marty Stokes Band, multi-faceted six-string icon JP Soars and contemporary jazz/rhythm and blues group The Jazz-Matics.

Festival attendees will hear outstanding live blues and jazz music including (in order of performance):

- 1:15 p.m. – The Jazz-Matics.

A Southwest Florida-based band that frequently plays at the Roadhouse Café in Fort Myers, the Jazz-Matics will open the festival. Paying homage to the greatest jazz and R&B music of our generation, the group puts their own jazzy twist on the music of Stevie Wonder, Alicia Keys, Chuck Mangione, Luther Vandross, Grover Washington Jr., Sade, The Average White Band and many others.

- 2:35 p.m. – JP Soars. Not a typical blues guitarist, Soars toured the globe playing jazz and blues, and recorded several records before finding his home in the blues. In 2009, Soars' unique approach paid off as he and his trio – The Red Hots – defeated bands from around the world to win the annual International Blues Challenge in Memphis, Tennessee. Soars also won the Albert King Award for most promising guitarist.

- 3:55 p.m. – The Marty Stokes Band. Raised on Sanibel and Captiva Islands, Stokes has been playing different variations of blues music since he was a kid. Raw and melodic, original, and reaching to the emotional core, Stokes will not disappoint a good blues audience. A group of long-time friends, the band "delivers the goods" with tasteful grooves over Stokes' originals, alongside creative arrangements of cover tunes. The group also recently

won the 2016 Regional International Blues Competition of Southwest Florida, along with the People's Choice Award.

- 5:15 p.m. – Matt Schofield. Though he holds a British passport and is an inductee of the British Blues Hall of Fame, Schofield has been making his mark globally as one of the top players in the new class of six-string wunderkinds. The *Los Angeles Daily News* wrote, "In Schofield, the UK has produced the best blues guitarist from any country in decades... head and shoulders above the herd," while *Guitar & Bass Magazine* rated him in the top 10 British blues guitarists of all time.

All performances will be played with full, professional audio, lighting and instrumental support.

According to event organizers, the festival will feature a variety of fine cuisine and spirits. Barbecued ribs and other food and beverage offerings – including beer and wine – will be available for purchase. Coolers will not be permitted.

On-island parking will also be available, with transportation to the festival site. Attendees are encouraged to use bicycles, with free valet bike parking provided.

General entry donations are \$40 per person. A \$125 per person donor VIP package covers food, beverages, VIP area seating, VIP parking and a festival T-shirt. Tickets are limited to 700 people and are first come, first served. Tickets are available at Bailey's General Store, George and Wendy's Seafood Grille, The Sanibel Café, the Sanibel Captiva Community Bank, from members of the San-Cap Optimist Club and at [sanibelbluesandjazzfest.org](http://sanibelbluesandjazzfest.org).

All proceeds benefit the San-Cap

Optimist Club's college scholarship program, youth programs at the JN "Ding" Darling National Wildlife Refuge, and Community Housing and Resources of Sanibel, among others.

Sponsorships are also available. For more information, contact Stan Howard at 472-0836 or Richard McCurry at 292-4631.\*

From page 1

## Power Of Positivity

creating palm frond art for the last 14 years. He resides in Southwest Florida with his daughter.

Hermann's inspiration and artistic endeavors have been largely influenced by traveling to such locations as Africa, Egypt, the Seychelle Islands, Mexico, Alaska, Canada, Hawaii and most of the United States. He has donated his art to support the Children's Cancer Foundation, breast cancer, cystic fibrosis, tuberculosis, autism, the Humane Society, animal awareness foundations, Alzheimer's and Parkinson's research, the Mote Marine Laboratory, Veterans' Outreach and others. Visit [artsofpalm.com](http://artsofpalm.com) for more information.

As a special engagement, the Lighthouse of Southwest Florida will display work by blind artists in the East Lobby.

Admission to the show, which runs through November 22, is free. Donations are accepted.

The center is located at 2301 First Street in the historic downtown Fort Myers River District. Gallery hours are Monday through Friday from 9 a.m. to 5 p.m. Visit [sbdac.com](http://sbdac.com) for more details.\*

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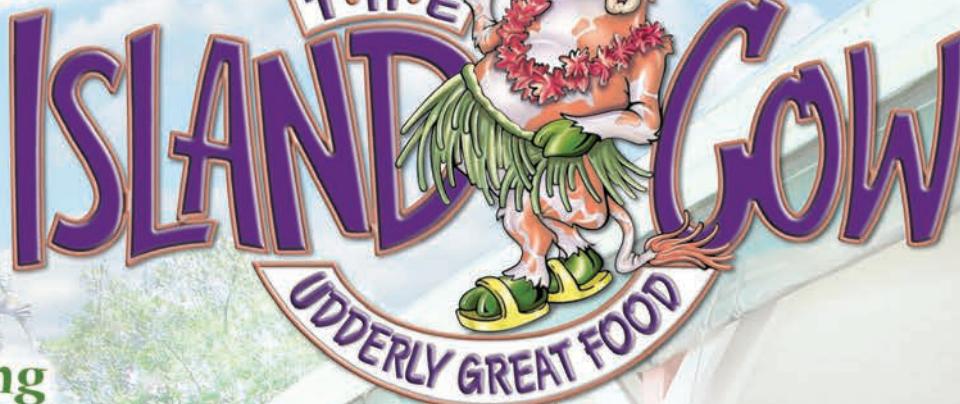
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# Change Of Season Heats Up The Fishing Action



by Capt. Matt Mitchell

**O**ur first real cold front of the season passed through this week. After the front, we are enjoying the coolest weather we have seen since early last spring. After a brief

period of strong northerly winds, the lower humidity and cooler temperatures sure made a much-welcomed change. This first real noticeable change of season did wonders bunching up the snook in the backcountry. Both spring and fall are always some of the most exciting times of the year to be fishing on the water.

Just out from the beaches, Spanish mackerel, king mackerel and bonita are churning it up as they feed on fry bait. Taking a live well full of small shiners out here was a great way to fire up the open water action by live chumming, although

most days it was not even needed. Getting in on this action during calmer days has been as easy as running out of either Captiva or Redfish pass until you see the birds, which will lead you to the surface feeding action. Some days this action can be as close as the no-wake buoy line while other days it's out a few miles.

Once you locate these frenzies, it's all run and gun action. Run the boat up to the feeding fish, shut down and start rapid-fire casting. Small spoons are the best choice out here as the bait these fish are targeting are small. As fast you can work a spoon these lightning-fast fish will chase it down and crush it as it skips across the surface of the water. Replacing the treble hooks on your spoons to a single J hook does a lot less damage to these fish and makes unhooking them much safer.

Trout fishing in the bay also made for a good option on windy days to keep clients happy. Finding clear water was the major factor, with limits of trout caught on both shiners and live shrimp under a popping cork. Large, sheltered bays inside "Ding" Darling were a good place to be, along with crystal-clear grass flats starting at Flamingo Bay channel north. Water on the eastern side of the sound is starting to really clear up, and



Bob Maxeiner with a slot-sized redfish caught while fishing in "Ding" Darling with Capt. Matt Mitchell this week

like out on the beaches, look for feeding birds to point you in the direction to a good trout bite. Expect to catch jacks, ladyfish and even some Spanish mackerel while trout fishing, too.

Taking a few shark trips this week did not disappoint. Rocky channel and the deeper finger channels between Hemp and Bird keys are packed full of large blacktips and spinner sharks. Fresh-cut mullet never seemed to soak for more than about 20 minutes before one of the heavy spinning rods doubled down, and the battle was on. As the mullet schools in the sound continue to grow this shark bite will only get better. Look for lots of sharks to be both in the bay and out

from the beaches, too. They will be close by where you find surface-feeding fish.

With water temperatures now in the mid to low 70s over the last few weeks, our waters have really come alive. Falling water temperatures always fire off the bite. For sheer numbers of fish and a crazy variety of species, our fall fishing action is as fast paced as we will see all year.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a backcountry fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱

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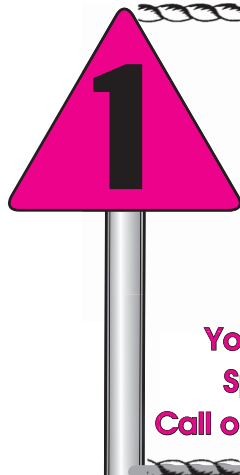


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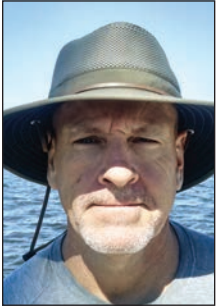


Dave Doane



## CROW Case Of The Week:

## Adult Eastern Screech Owl



by Bob Petcher

For at least the second time in four months, CROW has received an injured eastern screech owl that has required specific care. In fact, CROW has cared for 46 screech owls so far this year alone.

Back in early July, a juvenile version of the tiny owl species (related to the size of a pint glass) was brought in from Fort Myers after it was believed to be knocked out of the sky by a hawk.

The young owl arrived with an abnormal head tilt that officials described as its "head turned completely upside down." While its neurological status was monitored closely, the owl received physical therapy for the first two weeks after surgery was ruled out.

After an unsuccessful attempt with warm packs and manual head rotations that failed to properly build muscle strength, CROW medical staff fitted it with a neck brace, and its neck was reportedly improved within 48 hours. The owl still experienced a slight head tilt, but not one to prevent it from living a healthy life. It was stated to be the first time a neck brace was used on an owl at CROW.

The juvenile patient was transferred to the outside enclosure, and CROW's wildlife rehabilitation team created an obstacle course for the owl to practice its flight skills. After weight was gained and proper flying skills were restored, the screech owl was released in early September.

Other than being small, Eastern screech owls are known to be camouflage experts that blend right in with tree bark with their gray and reddish-brown color and their ability to hide in nooks and crannies of trees. They also possess a spooky trilling or whinnying call. These "songs" are easily noticeable and in contrast to other owl sounds. While the trilling is regarded as a means of communication between like species, the whinnying is mainly used to defend territories. Though smaller than their female counterparts, males have a deeper voice.

These short, stocky, yellow-eyed birds, located east of the Rocky Mountains, have a large head for their size with almost no neck.

On October 12, CROW received an adult Eastern screech owl from Fort Myers. This screech owl arrived bright and alert but with a left wing injury, and it was unclear as to how the owl received the injury. X-rays revealed a fractured left ulna (forearm) causing minor displacement, and a fractured left carpometacarpus (single fused bone between the wrist and the knuckles) showing moderate displacement. Splints were placed on the injuries.

Earlier this week, the screech owl began physical therapy, a medical effort that will precede a trip to the outdoor



Patient 16-3241 is expected to fully recover from its wing injuries photos by Kenny Howell

enclosure for flight practice.

"The owl is progressing very well with physical therapy," said Dr. Krystal Woo, CROW veterinary intern. "Elbow extension is increasing daily and is close to full extension."

Woo predicts the screech owl will require another month or so at the rehabilitation facility. The patient is expected to recover fully and be released in the coming weeks, much like the juvenile screech owl nearly two months earlier.

"The owl will be at CROW at least

another three to four weeks depending on speed of recovery," Woo said. "Once physical therapy is complete, it will be moved outside to small flight to practice flying."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✪

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## Plant Smart

## Hairy Chaffhead

by Gerri Reaves

**N**ative hairy chaffhead (*Carphephorus paniculatus*) is a short-lived perennial and member of the aster family. It grows widespread in the state in moist areas of pine flatwoods and even in bogs.

The long narrow leaves give it another common name, deer tongue. They form a basal rosette one to three inches tall. Left to themselves, plants will spread and form a mat of basal rosettes.

Another common name for this wildflower is hairy trillisa. The term hairy refers to the often-times hairy stem of the inflorescence.

From the rosette of leaves emerges a single inflorescence of pink or purple showy flowerheads that reaches about three feet tall.

Each cylindrical flowerhead contains three to 12 small tubular flowers.

The flowers bloom in fall and winter and provide nectar for butterflies, so this species is a good choice for butterfly gardens.

When in bloom, hairy chaffhead resembles its better-known relative, Florida paintbrush (*Carphephorus corymbosus*), also a colorful butterfly-friendly wildflower.

It has a moderate growth rate and will grow in nutrient-poor soil. While it is low-maintenance, it is not drought- or salt-tolerant.

Give it full sun and plenty of moisture in well-drained sandy soil.



**Hairy chaffhead's many tiny tubular flowers are a nectar source for butterflies**

photo by Gerri Reaves

Propagate it by division or with the seeds found in the one-seeded dry fruit.

Sources: *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, [dep.state.fl.us](http://dep.state.fl.us), [fnps.org](http://fnps.org) and [regionalconservation.org](http://regionalconservation.org).

*Plant Smart* explores the diverse flora of South Florida.✱

From page 8

## Along The River

Thrift Store located at 12519 South Cleveland Avenue in Fort Myers or the Arts for ACT Gallery at 2265 First Street in Fort Myers for maxi dresses, mini dresses, polyester button ups, bell bottoms and other items.

The live auction, led by Scott Robertson, features luxury excursions, hotel stays and art donated by Sherry Rohl, Jan Ellen Atkielski, David Belling and Christine Reichow.

For more information, contact Jennifer Benton, chief executive officer, via email [jbenton@actabuse.com](mailto:jbenton@actabuse.com) or visit [actabuse.com](http://actabuse.com).

Lee County will host **Senior**

**Softball-USA's** 16th annual **Winter National Championships**, taking place Tuesday, November 1 through Sunday, November 6. Teams will compete at top-notch softball complexes throughout Lee and Collier counties, including the CenturyLink Sports Complex in Fort Myers, the Northwest Softball Complex and Cape Coral Sports Complex in Cape Coral, and North Collier Regional Park in Naples. Men's age 65, 70, 75, 80 and 85 divisions will compete November 1 to 3 and Men's age 40, 50, 55 and 60 divisions will compete November 4 to 6. Winners in each division will qualify for the Tournament of Champions, taking place in Florida in 2017.

For more information, visit SSUSA's website at [www.seniorsoftball.com](http://www.seniorsoftball.com).✱

From page 1

## Vega Retrospective

Arturo Vega Retrospective is the late Mexican-born artist's first solo U.S. museum retrospective, and features photography, collage and a number of iconic canvases from the artist's Supermarket and Silver Dollar series (begun in the 1970s); his *Flags* and so-called "word paintings" from *Insults*; and other series produced during the 1980s, 1990s and aughts.

Escaping the repressive violence of an authoritarian regime under Mexico's "perfect dictatorship" in the late '60s, Vega made his way to New York City to study English, philosophy and photography at the New School for Social Research in the early 1970s. Having discovered Elvis Presley as a child and later co-directing a touring production of The Who's *Tommy* at the National University in Mexico City, Vega understood the revolutionary and transformative power of music, theater/performance and art. While working on his first painting series of supermarket signs, he befriended members of The Ramones, a rock/punk band that

would soon play their first show, and would later be inducted into the Rock and Roll Hall of Fame. Designing The Ramones' logo based on the Great Seal of the United States, painting backdrops for their stage and creating a lighting scheme loosely adapted from Albert Speer's Lichtdom to enhance their effect, Vega created visual imagery that defined the transgressive aesthetic of punk rock by co-opting and questioning symbols of power.

In numerous group shows since the 1970s, Vega's work has more recently been the subject of one-person exhibitions at CB's 313 Gallery in New York City (1992); Raleigh Studios in Miami Beach (1994); Galería OMR in México, DF (2011); Casa Redonda in Chihuahua, Mexico (2012); and at Howl! Happening in New York City in 2015 and 2016.

The reception and panel discussion are both open to the public and free of charge. Gallery hours are Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 11 a.m. until 3 p.m. The gallery, located at 8099 College Parkway in Fort Myers, is closed Sundays and holidays. For more information, call 489-9313 or visit [RauschenbergGallery.com](http://RauschenbergGallery.com).✱

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## Rainwater Workshop

The Alliance for the Arts GreenMarket hosts a free rainwater harvesting workshop on Saturday, October 29 at 10:30 a.m. at 10091 McGregor Boulevard in Fort Myers. This seminar, presented by Jack Burden, will cover the basics of rainwater capture and reuse.

Burden, of Raindrops Cisterns Inc., is an accredited professional of the American Rainwater Catchment Systems Association, with 25 years of experience. He grew up as a waterman in south Florida and his connection with the resource goes back to his early days sailing and diving in the area.

Burden has developed Florida-approved continuing education courses on rainwater harvesting for the state plumbers association. He has also served as a national trainer for the American Rain Catchment Systems Association.

The workshop will also cover sewage treatment solutions for any size water system as well as water treatment and reuse. A question and answer session will follow.

For a list of GreenMarket activities, visit [www.ArtInLee.org](http://www.ArtInLee.org).✱

From page 2

## Transition

and if you come back in a few months, you'll see the area in construction mode again. Within a year, the bird's-eye view will have changed altogether.

That's because the City Council recently voted to accept a proposal for a 10-story hotel and convention center to be built on the parking lot adjacent to the basin project. A Harborside Event Center hotel parking garage will also be built.

Take a walk downtown and enjoy a bird's-eye view that will be blocked before long.

Then learn more about the ever-evolving downtown riverfront at these two research centers.

The Southwest Florida Historical Society is an all-volunteer non-profit

organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [swflhistoricalsociety.org](http://swflhistoricalsociety.org) for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 10 a.m. to 4 p.m. Wednesday through Friday.

For information, call 332-8778 or visit [leecountyblackhistorysociety.org](http://leecountyblackhistorysociety.org).

Sources: Archives of the Southwest Florida Historical Society, *Fort Myers Press*, and *The Story of Fort Myers* by Karl H. Grismer.✱

## Bird Walk

Experience an easy nature walk along clear paths with an experienced bird patrol guide, offering an opportunity to see birds in native vegetation in Lakes Regional Park on Saturday, November 5 at 8 a.m.

Wear comfortable shoes and dress to be outside at the park, which is a Lee County birding hot spot and crucial nesting area. Bring water, sunscreen and binoculars. The walk is free with paid parking.

The park is located at 7330 Gladiolus Drive in Fort Myers. Meet at shelter A7. Enter the Lakes Park gate from Gladiolus Drive. Turn right and drive to the end of the road, then continue through the parking lot. Shelter A7 is near the train station.

For more information, call 533-7580, 533-7576 or visit [www.birdpatrol.org](http://www.birdpatrol.org).✱



Glossy ibis

photo by Meg Rousher

## Boating Course

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons that serve South Fort Myers, Fort Myers Beach, Bonita Springs and Estero, will offer America's Boating Course on two Saturdays, December 5 and December 12 from 8:15 a.m. to 12:30 p.m.

The course is recognized by the National Association of State Boating Law Administrators. Florida recently passed legislation requiring anyone born after January 1, 1988 to pass a safe boating course and obtain a boating safety education ID card, which is valid for life, in order to operate a boat with more than 10 hp.

continued on page 23

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## Dining Club Raises Funds For Military Support Program



From left, Fort Myers Dining Club owner Brian Johnson, Lee Health volunteer Jane Wyllie and club member Beth Haely

The Fort Myers Dining Club raised \$175 for the Lee Health Military Support program at a rally on October 15 at Charley's Cabana at Sanibel Harbour Marriott Resort.

More than 25 members attended the rally, and club owner Brian Johnson presented Lee Health volunteer Jane Wyllie with the funds, generated from raffles and membership dues.

During the event, Wyllie talked about the range of services for veterans and families offered by the support program. She also announced the 5th annual



Back from left, Joe and Kimberly Trapanese. Front from left, Paul and Diane Hildreth and Eva Holman

Military Appreciation Day For All Veterans on Saturday, November 5 at First Christian Church, located at 2061 McGregor Boulevard in Fort Myers. Call 343-2045 for more information.

The club thanks general manager Tom Custo, Corissa Foster and Maura Dowling of Sanibel Harbour for hosting the rally.

Ronda Bressler won the \$63 raffle prize, a gift certificate to Charley's Cabana.\*



Ruthie Struble and Debi Almeida

## Club Installs Officers

Kiwanis Club of Fort Myers Gateway to the Islands (GTTI) recently held its installation banquet for 2016-2017 officers at Sasse's Restaurant in Fort Myers. Awards were also given to members for their support in service to the community.

The individuals who took office as of October 1: club president Lisa Rizzio, development director, Children's Advocacy Center of Southwest Florida; secretary Terry Luster; treasurer Gareth Hudson, owner, Hudson Consulting; immediate past president Jack Liptak, VIP Realty Group.

The 2016-2017 GTTI Board of Directors are: Susan Block, CEO, Early

Learning Coalition; Nancy Coker, community relations/Reading Pals manager, United Way; Viki Luster, dyslexia tutor; Debbie Norris, vice president, Sanibel-Captiva Community Bank.

Liptak was named GTTI's Kiwanian of the Year in recognition of his service as president and the many years he committed as one of the club's founding members.

Terry and Viki Luster each received a Walter Zeller Fellowship Award. The award, named after Zeller who provided seed money for the Kiwanis International Foundation, supports Project Eliminate, an international effort to eliminate maternal and neonatal tetanus.

For more information, call 218-5768 or email gttikiwanis@gmail.\*

## No Coolers • Lawn Chairs Welcome



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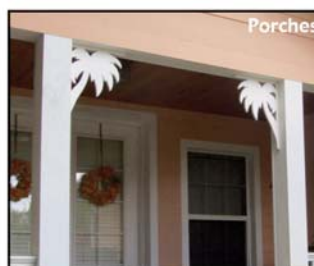
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From left, Kristin Philips, Sarah Owen and John Paul Bratcher

## Community Foundation Hosts Professional Advisors Reception

The Southwest Florida Community Foundation (SWFLC) recently hosted appreciation receptions for its professional advisors network in Naples and Fort Myers.

Community Foundation President and CEO Sarah Owen welcomed guests and thanked them for their support, guidance and introductions this past year during the receptions hosted at the home of foundation chairman Guy Whitesman and his wife, Ilene Saffron, in Fort Myers and the office of Trustee Juan Bendeck, Hahn Loeser & Parks, LLP, in Naples.

"Our professional advisors are instrumental in introducing their clients to us when seeking resources and causes for philanthropy in the region," said Owen.

For more information, visit [www.floridacommunity.com](http://www.floridacommunity.com) or call 239-274-5900.✱



Gene Harmaty and John Bock



From left, Brian Herrick, Dominika Hanisch and Gene Harmaty

photos courtesy SWFLC



From left, Charlette and Ernest Hatch and John Sheppard



Diana and David Browne



Guy Whitesman and Ilene Saffron



Trisha Hare, Juan Bendeck and Wayne Russo



Hugh and Terri Kinsey



Juan Bendeck



Steve Brettholtz, Sarah Owen and Edward Dancek



# Cubs-Indians Fall Classic May Top Epic 1991 Twins-Braves Battle, Called The Best In History



by Ed Frank

In the rancor and bitterness of the presidential campaign, thank goodness we have the World Series to turn to – an historic World Series that has grabbed attention not seen before in our lifetime.

The numbers 71 and 108, numbers that are ingrained in our minds, numbers that have been written and spoken millions of times for that's how long it has been since the Chicago Cubs have been in a World Series (71 years) and that's how long it has been (108 years) since the Cubs last won a World Series.

It's been so long that the 102-year-old Wrigley Field wasn't even around.

Of course, let's not forget that it has been 68 years (1948) since the Cleveland Indians last world title—the second longest title drought.

We went to press before the first two games of this Fall Classic were played, Tuesday and Wednesday nights in Cleveland. The series moves to Chicago tonight, Friday, for Game 3, with Games 4 and 5, if necessary, also at Wrigley this weekend.

If a Game 6 and 7 are necessary, the series returns to Cleveland's Progressive Field next Tuesday and Wednesday.

Although the Las Vegas odds-makers have made the Cubs the favorites, with the intense interest in this Series, it seems only right that it should go the full seven games. The Cubs have been favorites to win the World Series from the very beginning of the season, a season in which they won 103 games.

There are so many storylines in this series that it would fill volumes to recount them all. Cub fans know all about the billy goat in 1945 and the Bartman fiasco in 2003. And for Indians fans, if they are old enough, they will never forget the 1954 World Series when they were swept by the New York Giants after winning a record 111 games in the regular season. That record 111 still stands.

Etched in our minds is that unbelievable catch by Willie Mays in that series.

It's interesting that on the eve of this year's World Series, *Sports Illustrated* published a story on the 25th Anniversary of the 1991 series between the Minnesota Twins and the Atlanta Braves that the magazine called "the best in baseball history."

In a future column, we will recall that epic seven-game series played in ballparks that are no more, and sadly between the two teams with the worst records this year.

For now, however, we relish the historic battle between the Cubs and Indians. And if you want to purchase a ticket, particularly a ticket for Wrigley Field, you will need a bank loan or be prepared to empty your bank account.

Reports early this week labeled World Series tickets the most expensive in history, even topping the Super Bowl.

The ticket broker TickPick said the price for Games Three, Four and Five at Wrigley were going for an average of \$10,590, and Games One, Two, Six and Seven in Cleveland for \$3,862.

More than 1.2 million fans in Chicago entered a Cubs lottery for tickets.

For long-suffering Indians and Cubs fans, this is a year they will never forget.✱

## SPORTS QUIZ

1. In 2015, Washington's Bryce Harper became the fourth player since 1914 to score four runs in a game without registering an official at-bat. Name two of the other three to do it.
2. Who was the only pitcher to have more major-league wins during the decade of the 1940s than Cleveland's Bob Feller (137)?
3. When was the last time before 2015 that the University of Cincinnati beat the University of Miami (Fla.) in football?
4. Name the first team in NBA history to win four consecutive Game Ones on the road in the playoffs.
5. Who was the first Capitals teammate of Alex Ovechkin to tally more points than him for an NHL season?
6. The U.S. men's soccer team is among seven nations to qualify for each of the past seven World Cups. Name three of the other six countries.
7. How many pro fights did Cassius Clay (aka Muhammad Ali) have before fighting Sonny Liston for boxing's heavyweight title in 1964?

## ANSWERS

1. Larry Doby (1951), Joe Morgan (1973) and Rickey Henderson (1989). 2. Hal Newhouser, with 170 wins. 3. It was 1947. 4. The Washington Wizards (2014-15). 5. Evgeny Kuznetsov outscored him 77 points to 71 points in the 2015-16 season. 6. Argentina, Brazil, Germany, Italy, South Korea and Spain. 7. He had 19 pro fights, winning them all.

## Shell Point Golf

Golfers are ready to hit the links for a good cause in the 13th annual Shell Point Open Charity Golf Tournament on Friday, November 11. Registration begins at 7 a.m. at The Club at Shell Point.

Presented by The Legacy Foundation at Shell Point, along with co-title sponsors Wright Construction Group and FineMark National Bank & Trust, proceeds from the event will benefit those who receive hospice care at the Larsen Pavilion.

In honor of Veterans Day, a continental breakfast and patriotic festivities will kick off this scramble-style tournament. Golfers will vie for a chance to win big hole-in-one prizes, followed by a catered luncheon with raffle prizes, swag bags, and promotional giveaways.

For more information about ways to support this cause, contact The Legacy Foundation at 466-8484.✱



Golfer playing at Shell Point's golf course  
photo courtesy Rich Cerrina/Shell Point

## Tournament Supports Summer Camp

The Kids To Camp Golf Tournament will take place on Friday, December 9 at Old Corkscrew Golf Club in Estero, with proceeds benefiting The Heights Center's summer camp program.

The program provides a safe environment for at-risk kids in Harlem Heights, enabling them to explore opportunities in recreation, fitness, arts and education. Registration and lunch begins at 11:30 a.m. A shotgun start gets under way at 12:30 p.m., and dinner, an auction and awards are set for 5 p.m.

"This tournament will help 100 kids from Harlem Heights attend camp this summer," said Jim Sanger, chief operating officer of The Heights Foundation. "Camp provides an engaging environment for kids who otherwise have no options, and parents benefit from the knowledge that their children are safe and ready to return to school in the fall."

Registration is now open. A foursome is \$600 and a single golfer is \$150. The deadline to register is Tuesday, December 6.

Sponsorships that include golf packages and recognition are available. That deadline is Friday, December 2.

The club is located at 17320 Corkscrew Road in Estero.

For more information, visit [www.heightsfoundation.org/kidstocampgolf](http://www.heightsfoundation.org/kidstocampgolf), call Jim Sanger at 482-7706 or email [jim@heightsfoundation.org](mailto:jim@heightsfoundation.org).✱



Summer campers from The Heights Center

photo courtesy The Heights Foundation



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## Local Care Provider Wins Award



From left, John Graham, vice president, Assisted Living Division HCR ManorCare; Dotty St. Amand, executive director, Arden Courts of Fort Myers; and Mark McBride, regional director of operations, HCR ManorCare photo courtesy Arden Courts

**A**rden Courts of Fort Myers has been honored as a Champion of Caring of HCR ManorCare, one of seven award recipients from among HCR's nearly 500 locations nationwide.

The award was presented at the company's national Leadership Summit on October 12. Arden Courts was noted for its turnaround over the past few years, deficiency-free performance, customer satisfaction scores and, in particular, for the leadership of Executive Director Dotty St. Amand, who has guided her team along this journey.

According to Regional Director of Operations Mark McBride, the local care facility tells a story of how strong leadership can take a center in crisis to the pinnacle of quality resident care and resident/family satisfaction.

"Under Dotty's leadership, Arden Courts of Fort Myers has gone from a center

## Military Program Appreciation Day

**V**eterans and current members of the military and their families can get a haircut, new clothes and apply for a job at the 5th annual Military Appreciation Day. In honor of our military troops and their families, Lee Health's Military Support Program will again take part in the annual event, set for Saturday, November 5 from 9 a.m. to 1 p.m. at First Christian Church, 2061 McGregor Boulevard, Fort Myers.

"This day is about acknowledging what our veterans have done for us," said Kim Gaide, Military Support Program coordinator. "It's our turn to take care of them and to make sure they have what they need."

All military and their families are welcome to join in the festivities, which begin with an opening ceremony. Brunch will be provided, as well as daycare services (with a reservation). Shop the free PX, receive assistance with VA benefits, get a haircut and a massage, as well as health screenings and dental exams (reservations

required for dental exams). University and colleges will be onsite to discuss educational opportunities. This year, CareerSource Southwest Florida is bringing Paychecks for Patriots, a special hiring fair that matches military and veteran candidates with current open positions, to Military Appreciation Day.

Businesses and organizations participating in this event are: Lee Health Military Support Program, First Christian Church, LeeSar, Prudential Financial, American Red Cross, Heart and Soul Massage and Therapy Services, American Legion Post #38, Hearts and Homes for Veterans, Inc. and Victor Paul Tuchman Post 400 Jewish War Veterans.

The Military Support Program began fundraising in 2003 and has won several awards in its endeavor to support our military. Much help is needed, as the volunteer-based program sends monthly care packages to deployed troops.

For more information, to volunteer or to make daycare or dental exam reservations, call the Military Support Hotline at 343-2045.✱

broken in so many ways to a memory care community that is the gold standard," said McBride. "The memory care community has been deficiency-free since 2013, and from that date has also achieved 100 percent in the quality metrics of recommend to others and overall satisfaction."

St. Amand and her team were honored in front of 250 of her peers at HCR's headquarters in Toledo, Ohio.✱

## Chamber Welcomes Summerlin Jake's



Summerlin Jake's Seafood & Steaks celebrated its grand opening on October 19 with a ribbon cutting ceremony provided by Sanibel & Captiva Island Chamber of Commerce. Pictured cutting the ribbon are, from left, Summerlin Jake's chef Richard Howze, Chamber chairperson Donna Puma of Pinocchio's Original Italian Ice Cream and Geppetto's Beach Foodies and Summerlin Jake's owner Sandy Stilwell. Local chamber members and restaurant staff assisted in the celebration. photo by Bob Petcher

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# New Front Desk Associate



Diane Jefferson photo provided

Diane Jefferson has joined Sanibel Captiva Community Bank as a teller and front desk associate at its College Parkway branch. She is responsible for assisting customers with personal and business transactions, reporting and other daily procedures.

Jefferson has nearly 20 years of banking experience, including previous positions as office manager and supervisor of foreign currency, domestic collections and overdrafts. A Connecticut native, she attended Manchester Community College and is a member of Children International. Jefferson has resided in Cape Coral since 1995.✧

# New Police Foundation Member

Keith Healy has joined the Fort Myers Police Foundation board of directors as a trustee.

Healy moved to Fort Myers two years ago from New York. He and his brother John are the owners of Cypress Provisions, LLC, an authorized distributor of Boar's Head products. He graduated from the University of Maryland and has a background in finance.

For more information, visit [fortmyerspolicefoundation.org](http://fortmyerspolicefoundation.org).✧



Keith Healy

# Stay Away From Frightful Investment Moves



by Jennifer Basey  
Halloween is almost here. When you're passing out candy, you'll see many "scary" costumes that will probably just make you smile. But in real life, you can easily find some things that truly

are frightening – such as bad investment moves.

Here are a few that you'll want to avoid:

• **Chasing after "hot" stocks** – Many so-called "experts" – not to mention your friends, neighbors, relatives and co-workers – are more than willing to provide you with "tips" on "hot" stocks. But by the time you hear about these stocks, they may already be cooling off – and, in any case, they may not have been appropriate for your needs in the first place.

• **Investing too aggressively or too conservatively** – If you constantly worry about the value of your investment portfolio, and you lose sleep whenever the market drops sharply, you might be taking on too much risk for your own comfort – so you may need to invest somewhat less aggressively. Conversely, if you invest primarily in conservative, low-yielding investments because you think they will help you avoid losses, you might not achieve the long-term growth potential you need to help you reach your important financial goals, such as a comfortable retirement. When you invest, try to balance your need for growth with your personal tolerance for risk.

• **Failing to diversify** – If you only own one type of financial asset, and a market downturn hits that asset class strongly, your portfolio will likely take

a big hit. You can greatly reduce the effects of market volatility – and give yourself more chances for success – by spreading your money among a range of investments. (Keep in mind, though, that diversification can't always guarantee profits or protect against all losses.)

• **Paying too much attention to today's news** – Unfortunately, many of the news items of today – or of any day – are more negative than positive. But as an investor, you don't want to be forced into a "sky-is-falling" mentality, because such a mindset could lead you to make rash, unwise decisions, such as selling quality investments too soon or staying out of the market altogether. Generally, no single event has truly long-term consequences for investors. Consider the recent "Brexit" vote – in the immediate aftermath, the markets fell sharply, but just a few weeks later, they hit all-time highs. That won't happen with every newsworthy occurrence, but historically, the markets have shown resilience. So stay invested and follow a smart, long-term investment strategy that's suitable for your situation – and look beyond today's headlines.

• **Ignoring opportunities** – Are you taking full advantage of all the investment opportunities available to you? For example, are you contributing as much as you can afford to your 401(k) or similar employer-sponsored retirement plan? If not, you are underutilizing one of the best retirement savings vehicles around. At a minimum, put in enough to earn your employer's matching contribution, if one is offered. You won't always have the chance to participate in this type of tax-advantaged retirement plan – so make the most of it while it's available.

Halloween usually ends with few tricks and many treats. Steering clear of the scary investment moves described above can help you make steady progress toward your financial objectives.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✧*

Our email address is [press@riverweekly.com](mailto:press@riverweekly.com)



# AFTERLIFE EXPLORERS & MEDIUMSHIP CONVENTION



**WHEN**  
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**CONTACT**  
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631-425-7707  
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[foreverfamilyfoundation.org](http://foreverfamilyfoundation.org)



Laura Lynne Jackson

**FEATURED EVENT:**  
Saturday Night Fundraiser Dinner with Laura Lynne Jackson, Forever Family Foundation Certified Medium & New York Times Best Selling Author of "The Light Between Us"

# WHO SHOULD ATTEND?

- Those who have experienced some type of non-physical communication, or those who desire to foster such contact
- Practicing mediums who wish to hone their mediumistic skills and learn more about evidential mediumship
- Those who are studying mediumship and aspire to develop those skills necessary to work with the bereaved
- Those who have suffered the loss of a loved one and seek connections and evidence that they have survived physical death
- Those who are curious about the process of mediumship
- Those who want to learn more about all types of evidence suggesting life after death

# Finalists Chosen For Business Award

B&T-Oswald Trippe & Company announces the five finalists for the annual Blue Chip Community Business Award. The final five businesses, who are chosen by an independent panel of judges, will be recognized at the award ceremony luncheon on Thursday, November 3 and one will be designated as the Blue Chip Award winner.

The five businesses are: King Fisher Fleet, Old 41 Restaurant, Billy's Rentals, Papa Joe's and Spatini Tea Bar.

King Fisher Fleet, operating more than 30 years out of Fishermen's Village Marina and shopping mall in Punta Gorda, offers sightseeing cruises and fishing charters.

Purchased by a local Bonita Springs resident seven years ago, the popular breakfast and lunch Old 41 Restaurant is known for its home-cooking and customer service.

Billy's Rentals is the largest bicycle rental business on Sanibel and Captiva. Participating in many community events, fundraisers and conservation efforts, it is a well-respected and trusted philanthropic business in the community.

Established in Cape Coral more than 25 years ago, Papa Joe's Italian Restaurant is a family-owned and operated restaurant that serves high-quality food while bringing the community together.

Located on Sanibel, Spatini Tea Bar is an organic salon and spa that serves a wide variety of organic iced or hot teas while providing hair care, massages, facials and nail services that protect client health and the environment.✧



## College Student Earns International Fellowship



Alexis Thompson with children in Ho, Ghana

photos courtesy FSW

When Alexis Thompson enrolled at Florida SouthWestern State College (FSW) to fulfill some science prerequisites for her master's degree, she never expected it would lead her halfway across the world.

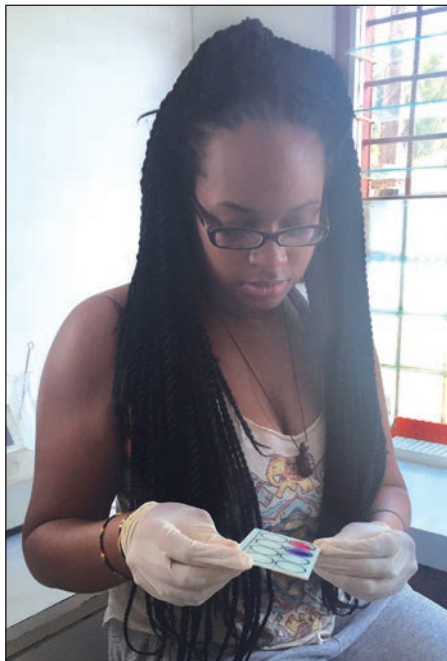
With a passion for travel and volunteering, Thompson learned about the Harris Wofford Global Service Fellowship through FSW's Center for International Education's Study Abroad program. She applied and received the scholarship, and in coordination with Cross Cultural Solutions, an international volunteer service organization, she chose to focus her three-week program in the medical clinics in Ho, Ghana.

"I've always had wanderlust," Thompson said. "It's a personal goal to volunteer on every continent. I've done a lot of work in Latin and Central America and the Caribbean, but Africa was always a dream."

In Ghana's Miracle Life Clinic, Thompson shadowed a doctor diagnosing patients and testing for malaria and typhoid, and helped nurses check patients' vital signs. She also spent some time in the maternity/women's clinic of a regional hospital alongside a midwife doing prenatal and postnatal checks and ultrasounds, giving vaccinations, and educating women how to nurse and how to prevent transmission of HIV.

While Thompson spent her mornings volunteering at the clinics, her afternoons were focused on cultural activities organized by Cross Cultural Solutions, experiencing life in the local markets, taking weaving and cooking lessons, and visiting schools. However, one experience stood out the most for her.

"We visited Elmina Castle, where enslaved Africans were held before they were forced onto the slave ships," she said. "It was the last time they were in Africa, and



Alexis Thompson volunteering in the clinic



Alexis Thompson looking from the Ghana mountaintop

the last thing they saw. It is part of my history and culture, and it was intensely emotional to experience it."

Her time spent in the clinics has solidified Thompson's dream to work in the medical profession. She plans to attend George Washington University in Washington DC.

"I would like to become an OB/GYN and focus on medical disparity and global health," she added.

Students can apply for the Harris Wofford Global Service Fellowship at the FSW Center for International Education at the FSW Thomas Edison Campus, Building K, Room 240.

To learn more, visit [fsw.edu/internationaleducation](http://fsw.edu/internationaleducation).✱

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# Everyone Brave Is Forgiven

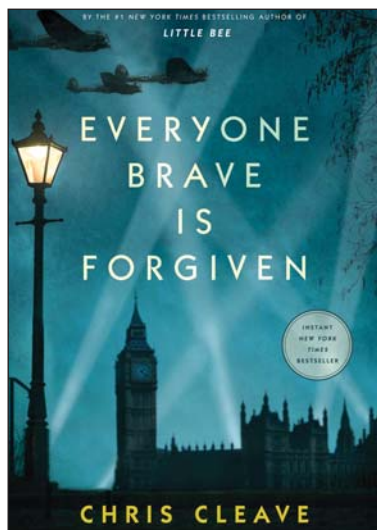


by Di Saggau

Once I picked up Chris Cleave's latest book, *Everyone Brave Is Forgiven*, it grabbed me immediately, and I didn't want to put it down. It's an insightful, stark and heartbreaking novel

about love and redemption and three lives entangled during World War II. The day war is declared, Mary North, a daughter of privilege, leaves finishing school and goes straight to the War Office in London and signs up. Mary initially goes to work at a school, where her first task is to oversee the evacuation of students to the British countryside. Later she serves as an ambulance driver, treating casualties of the Blitz.

Through her school-teaching job she meets Tom Shaw, head of the local education authority, and the two embark on a love affair. Meanwhile Tom's friend and roommate, Alistair Heath, an art restorer at the Tate, signs up for active duty, eventually deploying to Malta to defend the island amid harrowing and demoralizing conditions. Other interesting characters are Hilda, the ugly duckling in their friendship duo, and Zachary, a young black boy Mary takes under her wing. Each character is wounded, physically and spiritually, by what he or she has gone through, and



yet it is their resilience that resonates.

Throughout the novel, Cleave portrays the experiences of war with skill and empathy, and at times adds humor even amid very serious circumstances. You'll enjoy the travels of a crudely stuffed cat named Ceasar and a jar of blackberry jam that amazingly survives unscathed. There are moments of genuine terror, particularly during Mary and Hilda's ordeals as ambulance drivers attending to London's bombed-out victims. Here Cleave reveals his talent for pacing and tension. His engagement with themes of racism, class, female empowerment and the emotional dislocations induced by war lend the novel social and historical depth in scenes that are both intricately researched and evocatively conveyed.

Cleave's descriptions of the Blitz and, even more, of Alistair's shock, his inability

to process what he feels and sees, are affecting and sharp. Alistair bears the burden of his combat experience with a wary disassociation. "All his senior officers lay rent and scorched," Cleave tells us, describing the aftermath of one especially brutal battle. "The colonel sat upright at a camp table, bloodless and gray, the line of his mustache expressing indignation, the handset of the field telephone still clasped in his hand."

*Everyone Brave Is Forgiven* features little-known history and a perfect wartime

love story inspired by the real-life love letters between Chris Cleave's grandparents. Set in London during the years of 1939 to 1942, when citizens had slim hope of survival, much less victory and on the strategic island of Malta, which was daily devastated by the Axis barrage, this dazzling novel dares us to understand that, against the great theater of world events, it is the intimate losses, the small battles, the daily human triumphs that change us most.✱

## School Smart



by Shelley M. Gregg, NCSP

**Dear Shelley,**  
My 13-year-old nephew is not a native English speaker but has been learning English at school and through the community. He

does very well socially with English but is not making substantial progress with his schoolwork, although he is a good student. If he knows English well enough to talk with his friends, why isn't that good enough for schoolwork?

*Juliette W., Sanibel, FL*

### Juliette,

Close to five million U.S. students – about nine percent of public school enrollment – are ELLs. Three-quarters of them were born in the U.S. and are the children – or grandchildren – of immigrants, according to a Migration Policy Institute analysis of 2013 U.S. Census data. Nearly 80 percent of ELLs come from Spanish-speaking homes, but the rest may speak Chinese, Vietnamese, French/Haitian Creole, Arabic, or any one of hundreds of other languages.

The situation you are describing are the differences between academic English and social English. Social English is the language of everyday communication in oral and written forms such as when a student is talking to their friends on the playground, having an informal face-to-face conversation, and when a student goes to the grocery store and reads the shopping list. Academic English is the language necessary for success in school. It is related to a standards-based curriculum and academic vocabulary of the content areas of math, science, social studies and English language arts. Both social English and academic English are demanding tasks.

Social English may start developing within a few months of instruction and living in a new country. However, it generally takes between four to seven years to fully develop social English skills. A student with social English proficiency may not necessarily have the academic English proficiency required for school success. Academic English is more demanding and complex than social English and takes longer to master.

Dr. Virginia Williams, a professor at Georgia Southern University, has suggested that there are various levels of English learners who's instruction must be addressed correctly in the classroom

in order for progress to be made. She describes these levels as:

- **Preproduction:** In the preproduction phase, learners are beginning to understand English when they hear it, but they are not ready to speak. Similar to an infant learning language, they have a small receptive vocabulary of words that they recognize and can connect to the things in their immediate environment. They often attempt to imitate words, but have distorted sounds and can't use them in incorrect contexts. This is the stage in which it is important to allow English learners to practice English in the classroom

- **Early Production:** As students enter the early production phase, they begin to speak. This is the phase when teachers often say, "they are really coming out of their shells." In this phase, they are beginning to understand what they are hearing and reading, but their expressive skills are still limited. Students in this phase are listeners and readers but not speakers and writers.

- **Speech Emergence:** Students in the speech emergence phase understand more of the language they are hearing, and they begin to use that language to communicate their ideas. They can ask simple questions in class and write simple stories and paragraphs about the content they encounter.

- **Intermediate Fluency:** In the intermediate fluency stage, students start to produce complex sentences and are better able to use their thinking skills for comprehending academic content, and can initiate questions in class. Their vocabulary increased exponentially. However, their thought processes are still reliant on their native languages, and they continue to make errors in sentence structure and vocabulary use.

- **Advanced fluency:** Advanced fluency, the final phase of second-language acquisition, can take five to seven years to emerge. During this stage, students take on a near-native ability in the second language when speaking, but academic language may still be developing.

I suggest that you or a family member discuss your nephew's academic English skills with his teachers and have them develop some appropriate supports for him so his skills can develop further.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

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## Female Pioneers of Fort Myers

*Women Who Made a Difference in the City's Development*

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [*Female Pioneers of Fort Myers*] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



## Health Experts To Speak At Women's Forum



**Dr. Heather Auld**

photos courtesy Zonta of Sanibel/Captiva



**Dr. Salvatore Lacagnina**

Back by popular demand, Dr. Heather Auld and Dr. Salvatore Lacagnina will be among the featured speakers at the 2nd annual Women's Health Forum hosted by the Zonta Club of Sanibel/Captiva on Wednesday, November 9.

Joining them to share their knowledge about the unique health challenges that women face as they age will be naturopathic consultant Dr. Teresa Spano and memory care expert Judith Anne Petrin.

Sponsored by Lee Memorial Health System and Shell Point Retirement Community, the forum will be held from 8:30 a.m. until 12:30 p.m. at the Lexington Country Club, located at 16257 Willowcrest Way in Fort Myers.

Topics include healthy weight, probiotics, heart disease and breast cancer prevention as well as tips on maintaining a healthy brain.

## Journalist To Speak At Luncheon



**Tara Settembre**

photo courtesy FPRA

The Florida Public Relations Association (FPRA) Southwest Florida Chapter has announced that lifestyle and parenting blogger Tara Settembre, writer of *When Tara Met Blog*, will be the keynote speaker at the Tuesday, November 8 luncheon at the Edison Restaurant.

Settembre will discuss best practices for social media. She will provide channel statistics and demographics, social media hacks for increasing engagement and tips on how to manage it all.

Settembre is a former journalist and social media manager. She has been blogging for 11 years about her adventures and mishaps parenting twin boys, the celebrities she runs into, travel tips, film and tea reviews, must-have products, easy DIY ideas, and fashion and beauty. She received her master's degree in journalism and communications from New York University. She also blogs at *The Huffington Post*, *TOT Runway*, *TravelingMom.com* and contributes to *The Florida Buzz* and *Techlicious*, among others.

The cost is \$25 for members, \$30 for non-members and \$15 for students. Space is limited. Guests must RSVP at [fpraswfl.org](http://fpraswfl.org).

The Edison Restaurant is located at 3583 McGregor Boulevard in Fort Myers.

Luncheon sponsorships ranging from \$250 to \$500 are available. Sponsors receive acknowledgement in news releases, complimentary admission, a table display to showcase promotional items, and visibility on electronic and print marketing, depending on level.

For more information or to become a sponsor, contact Trish Robertson at [trishrobertson@colliergov.net](mailto:trishrobertson@colliergov.net).

Auld is an integrative medicine specialist with Lee Physician Group where she inaugurated The Lee Physician Group's integrative medicine program. Her specialties include women's health and bio-identical hormones, insomnia and stress management, micronutrient testing and lifestyle improvement through nutrition and high-quality supplements.

Board certified in internal medicine with a doctorate in osteopathic medicine, Lacagnina is vice president of Lee Memorial Health System. He writes a regular column on health and wellness for the *News-Press* Living Well section. Lacagnina is also medical director for Lee Memorial Health and Wellness Centers and Employee Health Services where he is developing a program for more than 10,500 employees in the system.

Spano, who holds a doctorate in naturopathic medicine, is a consultant for Integrative Medicine at Lee Physicians Group. She will speak on healthy weight and probiotics, using a whole-person approach focusing on gastrointestinal health, stress reduction, insomnia and weight loss.

Speaking about ways to maintain a healthy brain, Judith Anne Petrin is an advanced registered nurse practitioner who specializes in memory disorders, successful aging, family communication and falls prevention.

The cost is \$25 per person and includes lunch. Checks should be made to the Zonta Club of Sanibel/Captiva and mailed to Zonta Sanibel/Captiva at P.O. Box 1244, Sanibel, FL 33957.

Seating is limited and reservations are required by Thursday, November 3. For information and reservations, call Spring Rosen at 343-6054. To learn more, go to [www.zontasancap.com](http://www.zontasancap.com).

From page 15

## Boating Course

Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the two-day class.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and more. Successful completion of the course entitles the boater to a six-month free membership in the United States Power Squadrons with the purchase of a 12-month membership.

The cost is \$60 with a \$20 fee for a second person sharing the instruction materials. The cost includes lunch after the second Saturday class.

The classroom is located at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware) in Fort Myers.

Register online at [scbps.com](http://scbps.com) or call 466-4040.

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**RAIN OR SHINE**





dearRPharmacist

## Four Simple Life-Saving Tips On Breast Cancer



by Suzy Cohen, RPh

**Dear Readers:** Few things

are more painful to bear than a diagnosis of breast cancer and all that goes with it. I have three close friends who are breast cancer thrivers today, although my

mother-in-law died from it because the suspicious spot on her scan did not receive follow-up imaging, and by the following year, it was too late. She died in 1996. I miss her, but I get to love her son, my sweet Sam.

We've learned so much since then. I will share the new research now. There is a more comprehensive version of my article with more tips at my website. Just sign up for my newsletter to receive your copy.

1. Bone loss treatment may need to be re-evaluated. According to a paper published in *Medical Hypothesis* (2010), alterations in the serum calcium to magnesium ratio could lead to increased development of new as well as recurrent breast cancer (due to low magnesium levels, relatively speaking). The paper

states, "Most women with hormone-sensitive breast cancer are recommended to take aromatase inhibitors, which causes bone loss and thus are generally prescribed Calcium and vitamin D, but not Magnesium." So when you take high amounts of calcium all by itself for osteoporosis, it may be better for you to add supportive minerals like magnesium and/or vitamin D. Talk to your doctor.

2. Natural folate from salads and greens are incredible for you. Eating folate-rich foods appears to reduce risk. This was determined when researchers evaluated the diets of 367,993 women recruited from 10 European countries. The researchers used data from the European Prospective Investigation into Cancer and Nutrition (EPIC) study. Eating a diet that is rich in dietary folate may be associated with a lower risk of sex hormone receptor-negative breast cancer, at least in pre-menopausal women.

3. There are natural SERMs like Rhodiola. The SERMs are short for Selective Estrogen Receptor Modulators, which can block estrogen-mediated breast cancer growth and help maintain bone density in postmenopausal women. You know the drugs as tamoxifen (Nolvadex) and raloxifene (Evista) and others. A paper in *Phytomedicine* (2016) found that Rhodiola rosea acts a bit like a SERM by binding to estrogen receptors, counteracting TNF alpha and protecting bone cells (osteoblasts) from hydrogen peroxide. You should discuss the risks to benefits with your physician, but it seems that with SERM activity,

natural Rhodiola might help mitigate or delay menopause-related discomfort and support breast health.

4. Eating rosemary is powerful. This herb contains natural compounds such as rosmarinic acid that are protective of our reproductive organs. Another spice called spica prunellae (Xia Ku Cao in Chinese medicine) contains this rosmarinic acid. There are studies on rosmarinic acid that are important to breast cancer survivors; one found how

it can slow or inhibit bone metastasis from breast cancer. For now, consider putting rosemary sprigs in everything you eat. It's easy, simple and provides many other health benefits.

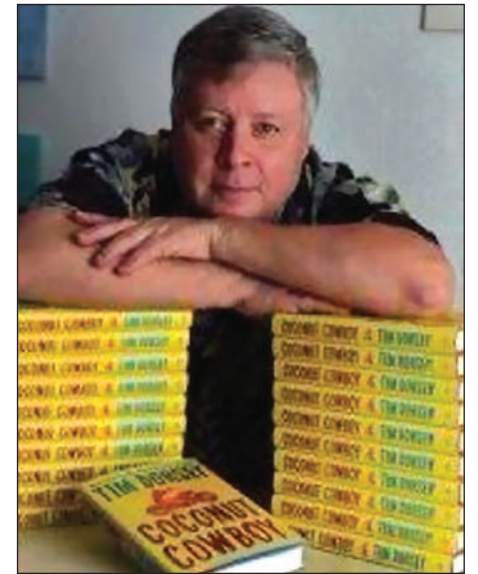
*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## Dorsey And Friends At The Marina

From *Florida Roadkill* to the upcoming *Clownfish Blues*, Tim Dorsey's books are packed with authentic Florida details. How does he do it? He's been there – and now you can go along, too. On Monday, November 7, Friends of the Fort Myers Library and Pinchers host a meet and greet with this popular author.

After a chance to mix and mingle with this *New York Times* bestselling author, Dorsey will take the audience on a behind-the-scenes, back roads journey of his writing and tour of his beloved home state. He'll share photos of locations you'll recognize from his novels, and some plain crazy ones, too. Dorsey will have books to purchase, or bring one you already own to have him autograph it.

There will be light refreshments and an open bar at 6:30 p.m. upstairs at Pinchers Marina at Edison Ford. This is a ticketed event with limited admission. Members of Friends of the Fort Myers Library for the 2017 year will be admitted free. All others pay \$5. Join the friends by going to <http://bit.ly/2enHPU9>. Register to attend by visiting <http://bit.ly/2eYLAQF>.✱



Tim Dorsey

Doctor and Dietician

## Half & Half Picks

by Ross Hauser, MD  
and Marion Hauser, MS, RD

What is the better choice between fat-free or organic half & half?

We all have our biases, opinions and thoughts about nutrition and what is considered healthy. The media has done a good job convincing the public that fat is bad and fat-free is good, that sugar is bad and sugar-free is good, and that caffeine is bad but caffeine-free is good. A common example of this confusion in many well-meaning people who are trying to "eat healthy" is what to put in their coffee.

Take a look at the following ingredient lists:

**Fat-free half & half ingredients:** nonfat milk, milk, corn syrup solids, artificial color, sugar, dipotassium phosphate, sodium citrate, mono and diglycerides, carrageenan, natural and

artificial flavors, vitamin A palmitate.

Serving size: 2 Tbsp; Calories 20; Fat 0 grams, Carbs 3 grams; Protein 1 gram

**Organic half & half ingredients:** Organic Grade A milk & Organic cream.

Serving size: 2 Tbsp; Calories 40; Fat: 3.5 grams; Carbs 1 gram; Protein 1 gram

Which do you think is healthier? To us, the answer to this question is clear. Why would you substitute whole, organic, real milk for a list of chemicals, just to save 3.5 grams of fat? This product is not healthy for anyone. If you are looking for a no-fat dairy product to add to your coffee, skim milk is the better choice. True, it's not creamy, but it is also free of the added corn syrup solids and gum used for thickening. What is even worse are the flavored non-dairy creamers. They are all chemicals! Read the labels and think about what you are eating or drinking. Just because something is lower in calories or fat, does not make it healthier. Look for real food, real ingredients and small ingredient lists. Never underestimate the power of food!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✱

## Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

**Dear Mom & Me,**

I am tired of some older people constantly complaining about their knees, hips and their many illnesses.

They compare their lab findings and dwell on all their medicines and what they cost and where they bought them. Other seniors talk about giving away their possessions, books and collections even when they are in good health.

Some seem to enjoy being the center of attention when they talk about their complaints.

What happens to people when they reach their 70s?

Aubrey

**Dear Aubrey,**

People who complain about poor health may be experiencing bad health for the first time in their lives and they are having difficulty coping. Others may have had busy lives and now retired are bored and their medicines and ailments are the center of their concerns. Then, of course, there are always those people who are just plain chronic complainers.

Maybe you are one of those lucky people who enjoy good health. Be grateful for your good fortune but please have a little compassion for those who are suffering.

Lizzie

**Dear Aubrey,**

What we select to talk about or focus on is personal choice. Why some people choose to talk about problems and concerns – I don't know, maybe part personality, part boredom or part attention seeking. Also, I do not think only individuals 70-plus focus on problems and concerns. The good news is you have a choice – choose to be positive.

Pryce

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✱



# PETS OF THE WEEK

**W**hy not go Rogue with this big fun-loving, goofy boy? I am a 2-year-old male pit bull terrier who loves to splash around in the pool and play with toys and other dogs to my heart's content. I have learned to sit, stay and come on command and am ready to be your next best friend.

Adoption Fee: \$75

Hi, I'm Katie. I'm a 3-year-old female spayed domestic short hair who is a big, beautiful girl, so you'll get twice the love and affection when you adopt me.

Adoption Fee: \$50

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Rogue ID# 674472



Katie ID# 596502

## November Is Adopt A Senior Pet Month

**N**ovember is Adopt a Senior Pet Month. Lee County Domestic Animal Services can help anyone considering a new friend to adopt an older cat or dog.

At LCDAS, senior pets are just six years or older and, during November, can be adopted for only \$10. As always, senior citizens may adopt senior pets free of charge.

While kittens and puppies are adorable, older pets make loving and loyal companions too. Plus, adopting an older animal companion comes with some definite perks. Adult pets don't require as much supervision as puppies and kittens and many are already housetrained. Since senior pets are fully grown, personality and grooming requirements are established.

Having more information takes much of the guesswork out of selecting the right pet.

The adoption package valued at \$500 includes spay/neuter surgery, age-appropriate vaccinations, Lee County Pet License, Microchip ID, de-worming, heartworm test for dogs and feline aids and leukemia test for cats, Pet Behavior Helpline and a 10-day pet health guarantee.

Pets available for adoption may be viewed online, and adopters can submit an application online as well. The website updates hourly. Volunteers and staff will be available to help individuals and families select the pet that best suits their family.

Adoption hours are 10:30 a.m. to 3:30 p.m. Monday through Saturday at the shelter, 5600 Banner Drive, in Fort Myers. It is next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.\*

## THE RIVER WEEKLY NEWS

Emergency . . . . .	911
Lee County Sheriff's Office . . . . .	477-1200
Florida Marine Patrol . . . . .	332-6966
Florida Highway Patrol . . . . .	278-7100
Poison Control . . . . .	1-800-282-3171
HealthPark Medical Center . . . . .	1-800-936-5321
Ft. Myers Chamber of Commerce . . . . .	332-3624
Foundation for Quality Childcare . . . . .	425-2685
Fort Myers Beach Chamber of Commerce . . . . .	454-7500
Fort Myers Beach Library . . . . .	463-9691
Lakes Regional Library . . . . .	533-4000
Lee County Chamber of Commerce . . . . .	931-0931
Post Office . . . . .	1-800-275-8777
Visitor & Convention Bureau . . . . .	338-3500

### ARTS

Alliance for the Arts . . . . .	939-2787
Arts For ACT Gallery & Studio . . . . .	337-5050
Art League Of Fort Myers . . . . .	275-3970
Barbara B. Mann Performing Arts Hall . . . . .	481-4849
BIG ARTS . . . . .	395-0900
Broadway Palm Dinner Theatre . . . . .	278-4422
Cultural Park Theatre . . . . .	772-5862
Edison Festival of Light . . . . .	334-2999
Florida Repertory Theatre at the Arcade . . . . .	332-4488
Florida West Arts . . . . .	948-4427
Fort Myers Symphonic Mastersingers . . . . .	288-2535
Gulf Coast Symphony . . . . .	489-1800
Harmony Chorus, Charles Sutter, Pres . . . . .	481-8059
Naples Philharmonic . . . . .	239-597-1111
The Schoolhouse Theater . . . . .	472-6862
SW Florida Symphony . . . . .	418-0996
Theatre Conspiracy . . . . .	936-3239
Young Artists Awards . . . . .	574-9321

### CLUBS & ORGANIZATIONS

Angel Flight . . . . .	1-877-4AN-ANGEL
Animal Refuge Center . . . . .	731-3535
American Business Women Association . . . . .	357-6755
Audubon of SWFL . . . . .	339-8046
Audubon Society . . . . .	472-3156
Caloosahatchee Chapter DAR . . . . .	482-1366
Caloosahatchee Folk Society . . . . .	321-4620
Cape Chorale Barbershop Chorus . . . . .	1-855-425-3631
Cape Coral Stamp Club . . . . .	542-9153
duPont Company Retirees . . . . .	454-1083
Edison Porcelain Artists . . . . .	415-2484
Embroiderers Guild of America - Sea Grape Chapter . . . . .	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy . . . . .	728-3743
Friendship Force Of SW FL . . . . .	561-9164
Garden Club of Cape Coral . . . . .	239-257-2654
Horticulture and Tea Society . . . . .	472-8334
Horticultural Society . . . . .	472-6940
Lee County Genealogical Society . . . . .	549-9625
Lee Trust for Historic Preservation . . . . .	939-7278
NARFE (National Active & Retired Federal Employees . . . . .	482-6713
Navy Seabees Veterans of America . . . . .	731-1901
Paradise Iowa Club of SWFL . . . . .	667-1354
Sons of Confederate Veterans . . . . .	332-2408
Southwest Florida Fencing Academy . . . . .	939-1338
Southwest Florida Music Association . . . . .	561-2118

### Kiwanis Clubs:

Fort Myers Beach . . . . .	765-4254 or 454-8090
Fort Myers Edison . . . . .	694-1056
Fort Myers South . . . . .	691-1405
Gateway to the Islands . . . . .	218-5768
Iona-McGregor . . . . .	482-0869

### Lions Clubs:

Fort Myers Beach . . . . .	463-9738
Fort Myers High Noon . . . . .	466-4228
Estero/South Fort Myers . . . . .	898-1921
Notre Dame Club of Lee County . . . . .	768-0417
Organ Transplant Recipients of SW Florida . . . . .	247-3073
POLO Club of Lee County . . . . .	477-4906
Rotary Club of Fort Myers . . . . .	332-8158
Sanibel-Captiva Orchid Society . . . . .	472-6940
United Way of Lee County . . . . .	433-2000
United Way 211 Helpline (24 hour) . . . . .	211 or 433-3900

### AREA ATTRACTIONS

Bailey-Matthews Shell Museum . . . . .	395-2233
Burrough's Home . . . . .	337-9505
Calusa Nature Center & Planetarium . . . . .	275-3435
Edison & Ford Winter Estates . . . . .	334-7419
Fort Myers Skate Park . . . . .	321-7558
Imaginarium Hands-On Museum & Aquarium . . . . .	321-7420
JN "Ding" Darling National Wildlife Refuge . . . . .	472-1100
Koreshan State Historic Site . . . . .	239-992-0311
Langford Kingston Home . . . . .	239-334-2550
Ostego Bay Foundation Marine Science Center . . . . .	765-8101
Skatium . . . . .	321-7510
Southwest Florida Historical Society . . . . .	939-4044
Southwest Florida Museum of History . . . . .	321-7430
True Tours . . . . .	945-0405

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press@riverweekly.com



PUZZLES

Answers on page 29

Super Crossword

REORDERING PARTS

- ACROSS**

1 Display shimmering milky colors

9 Reinforcing eyelet

16 Shapes of parentheses

20 Like a Williams-burg district

21 Eyeglass

22 0

23 Sharp-witted response from a creep?

25 Eye part

26 Energy-filled

27 Provide (with)

28 Hiatus

29 Gut-punch response

32 Mello — (drink brand)

34 Like someone doing an oil change under a car?

38 Plane part

40 Gaelic language

42 Columnist Barrett

43 Took charge

44 Sale on items having a quintet of hanging decorative threads?

51 Suds-filled

52 Bible bk. before Job

53 Siesta, e.g.

57 Greatest importance

59 One-sixth of a foot?

64 Circumspect

67 Hula —

69 Open, as a bolted door

70 19th Greek letter

71 Palette part

72 Hold PC fixers dear?

76 Work unit

77 Lyric penner Gershwin

78 Pulls down

79 Jorge's "this"

80 Hawkish god

81 One telling fortunes by gazing into artificial light sources?

84 Equally billed headliners

88 Alternatively

89 "— pity!"

91 Working properly

95 Bistro that's beautiful and also has great food?

101 "I see now!"

104 "It's — of words"

105 They counter nays

106 Ill-fated whaler

107 What it used to take to get word in prehistoric times?

111 8-pointer in Scrabble

115 They cross rds.

116 Fieri fits

117 Steer snarer

119 Nautilus VIP

121 Hot-rod rod

122 Lament from somebody who wants one of their sons to be named after director De Palma?

129 Mad, with "off"

130 Indian oven

131 Oil conduit

132 Water swirl

133 Novelist Sábato

134 Endeavoring anew
- DOWN**

1 Suffix with hill

2 "Lenore" poet

3 Brit's brew

4 Extended

5 Savor

6 Attack tactic

7 Noel

8 Wapiti

9 Govt. agents

10 Train track supporters

11 Well-timed

12 Orbitz listing

13 Old AT&T rival

14 "Twilight" rock gp.

15 Olympic ideal

16 Sky color

17 Expose

18 Wrinkle

19 Really wet

24 Corp. shuffle

28 Oat husk

29 Sign- — (approvals)

30 Mishmash

31 — beans

33 Helped out

35 Tolkien villain

36 Seek to win

37 Wildebeest

39 Energy-filled

41 "Ciao"

45 Yule tree

46 Outdoor gear retailer

47 Suffix with 20-Across

48 "— better be good!"

49 Yell at from a distance

50 Three: Prefix

54 Come in

55 Startle

56 Violent sorts

58 Mollycoddles

60 Least comfortable

61 U.K. channel

62 "— -di-dah!"

63 Hosp. areas

64 As long as

65 Ear-relevant

66 Stationery store units

68 Marital beginning?

72 Artist Gerard — Borch

73 Comic Charlotte

74 Age

75 Flee from

80 Humane org. of the U.S.

82 Fence (in)

83 Slowing down, in mus.

85 Blast cause

86 Craft

87 San Luis —

90 Speaks volumes

92 Spa sighs

93 — all possible

94 Yanks' foes

96 Klutzy ones

97 A pair

98 Honey holder

99 Vase type

100 Indian noble

101 Make fizzy

102 Humbugged

103 Used a hook and line

108 Sordid

109 Rub away

110 Tipping types

112 Film festival flick, often

113 Sprang

114 Dying fire bit

118 Trainee

120 Airport near Paris

122 Manhattan chaser?

123 Way-off

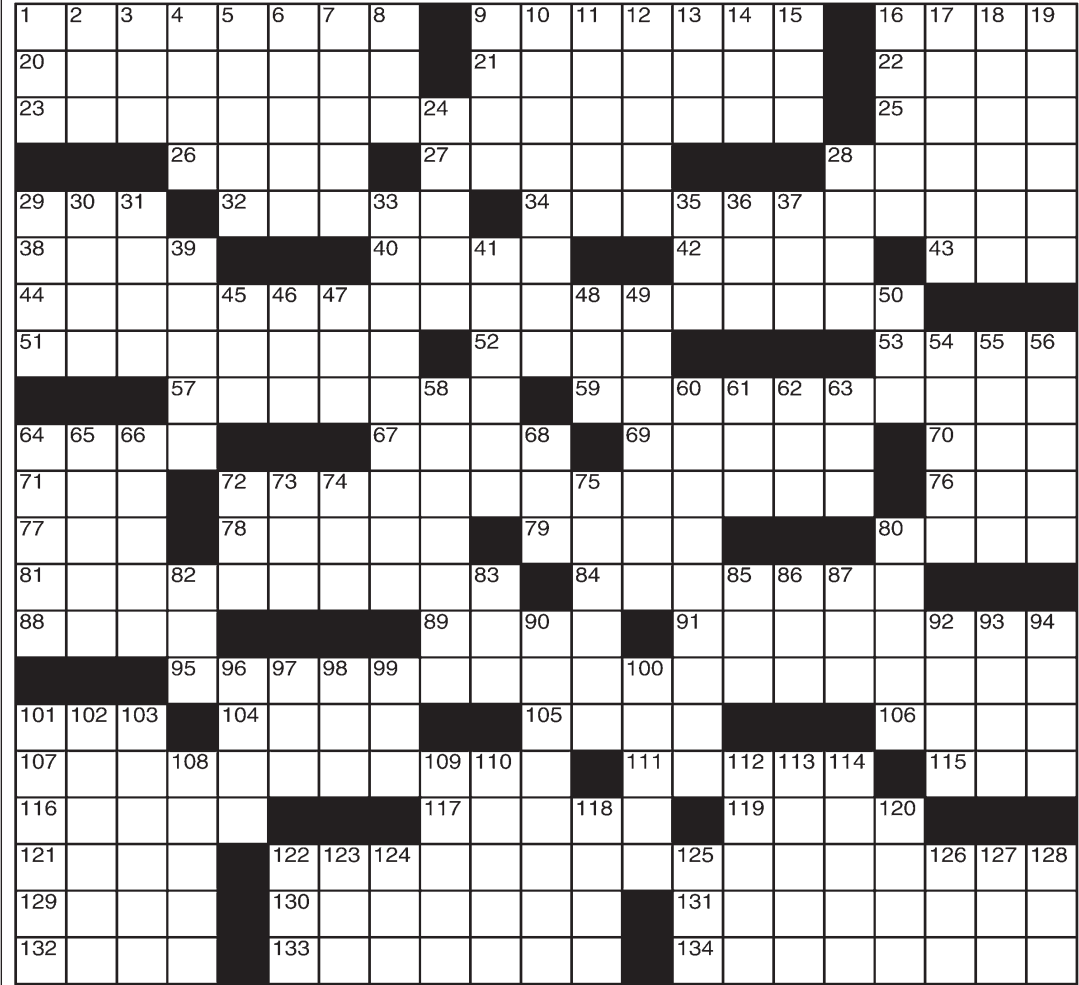
124 Red Roof —

125 Busy mo. for the IRS

126 VI / II

127 Raggedy — (doll)

128 Like some nos.



King Crossword

- ACROSS**

1 Salk vaccine target

6 Frizzy coils

11 Mom or pop

12 Censoring sounds

14 Majestic

15 Reddish brown

16 Masseur's workplace

17 Nervous

19 Through

20 Southern st.

22 "Go, team!"

23 Get ready

24 Fiery crime

26 Audience

28 Jazz style

30 Payable

31 Risk

35 Skewered entree

39 Boring

40 Petrol

42 Pleasant

43 Greek vowel

44 Kentucky senator McConnell

46 Poolroom need

47 Writer

49 Foreign domestic

51 Hispanic chap

52 Says impul-

sively

53 Lousy car

54 Didn't act

channel

8 CSA soldier

9 Body of work

10 More agile

11 Trattoria fare

13 Breaks sud-

denly

18 "Unh-unh"

21 Dynamite inventor

23 Hog the mirror

25 Neither mate

27 Arctic bird

29 Refinery input

31 Perfect

32 — funds

33 Nebraska river

34 Long. crosser

36 Antacid reducer, for short

37 Keeness

38 Happy hour orders

41 Wound covers

44 One (Pref.)

45 Island dance

48 That guy

50 Deposit
- DOWN**

1 Impoverished one

2 Liver, spleen, etc.

3 Romanian money

4 "Meet Me — Louis"

5 Playful water critter

6 Embarrassed

7 Chimney

VIEWED THE MAGIC MAZE ● FAR SIDE OF THE MOON

G W U S R P I M J H E Y C Z X  
U S Q N R L J R G E C O Z X V  
T N A N R E C R W P N U L J H  
E C L L L E H C T I M N A Y W  
V T D (A R M S T R O N G) R P N  
L K R R I N D R O F F A T S D  
G E I C A B Z X E 9 W U E S A  
R P N M O P M L J D Y I G B R  
E D R B L L E V O L N L A Y N  
X O W U T S Q H P O N A N L O  
B K J H T T O C S N I L L O C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Anders

Armstrong

Bean

Borman
- Cernan

Collins

Conrad

Irwin
- Lovell

Mitchell

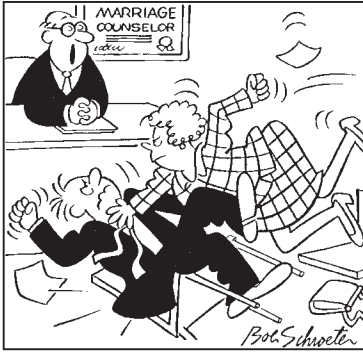
Scott

Shepard
- Stafford

Young

Only 9 others





"You don't need a marriage counselor,  
you need a \_\_\_\_\_!"

answer on page 29

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Remedy  
**FEELIR** \_\_\_\_\_

Touch  
**SCARES** \_\_\_\_\_

Domain  
**LAMER** \_\_\_\_\_

Crucial  
**GRUNTE** \_\_\_\_\_

**TODAY'S WORD**

	8				5	1		
6				3			5	
		3	8				7	9
7				8			1	
	3	1			2	9		
	6		9					8
		4			8	6		
9			1					2
	2			6			3	

## SUDOKU

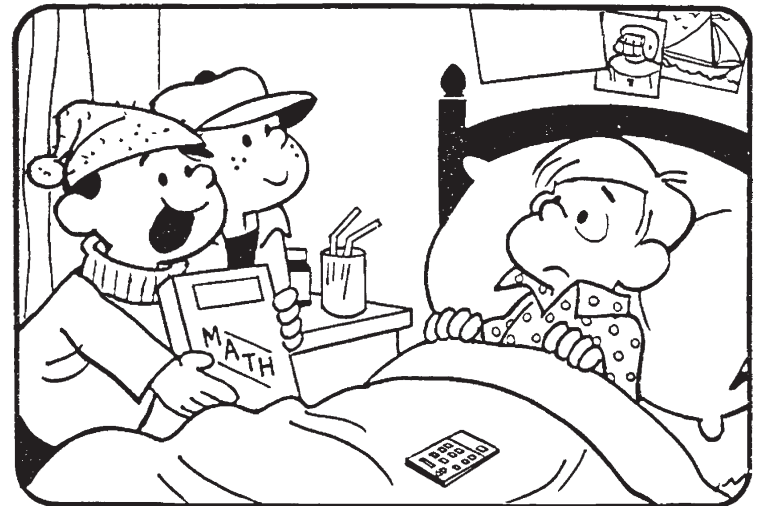
**To play Sudoku:**

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

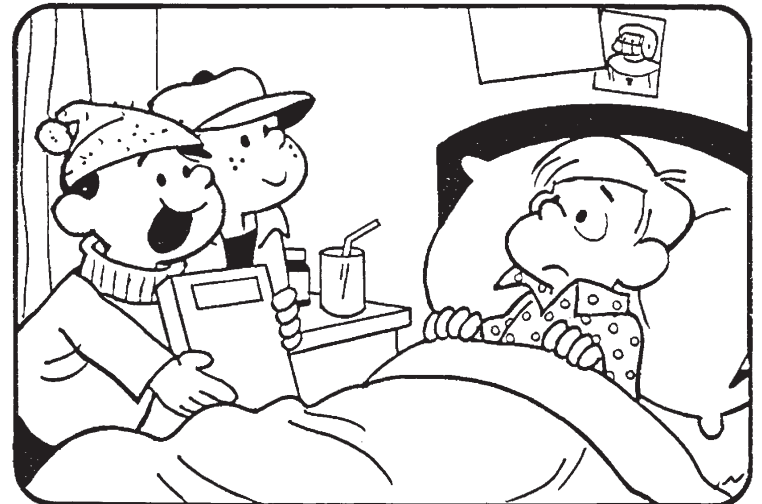
answer on page 29

## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Tassel is shorter. 2. Book title is missing. 3. Straw is missing. 4. Bedpost is missing. 5. TV remote is missing. 6. Picture is missing.

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**Chicken, Avocado and Swiss Wrap**

4 Florida chicken breasts  
 1 large Florida avocado, peeled and sliced  
 4 whole wheat flat breads  
 4 slices Swiss cheese  
 ¼ cup plain yogurt  
 1 tablespoon Dijon mustard  
 ½ lemon, juiced  
 Sea salt and fresh ground pepper, to taste  
 Olive oil for cooking

1. Preheat a large sauté pan over medium high heat. Lightly season the chicken breasts with salt and pepper.
2. Add 1 tablespoon of olive oil to the preheated sauté pan. Carefully add the seasoned chicken breasts to pan and cook for 3 minutes on each side or until the chicken is completely cooked throughout. Remove the chicken from the pan and set aside.
3. In a small mixing bowl combine yogurt, dijon mustard and lemon juice. Taste and adjust seasoning with salt and pepper.
4. To assemble wrap, place a slice of cheese on top of each of the flat breads. Place on a cookie sheet and broil them in the oven until the cheese has melted and the bread is slightly toasted. Remove the bread from the oven. Add a chicken breast to each of the flatbreads. Add the yogurt sauce to the top of each chicken breast. Next, add the sliced avocado. Fold over the flat bread to create a sandwich.✱



Chicken, Avocado and Swiss Wrap

photo courtesy Fresh From Florida

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PUZZLE ANSWERS

SUPER CROSSWORD

O	P	A	L	E	S	C	E		G	R	O	M	M	E	T		A	R	C	S	
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KING CROSSWORD

	P	O	L	I	O			A	F	R	O	S	
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MAGIC MAZE

VIEWED THE FAR SIDE OF THE MOON											
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B	T	T	O	C	S	N	I	L	L	O	C

SUDOKU

2	8	7	4	9	5	1	6	3
6	1	9	2	3	7	8	5	4
5	4	3	8	1	6	2	7	9
7	9	2	3	8	4	5	1	6
8	3	1	6	5	2	9	4	7
4	6	5	9	7	1	3	2	8
3	7	4	5	2	8	6	9	1
9	5	6	1	4	3	7	8	2
1	2	8	7	6	9	4	3	5

My Stars★★★★

FOR WEEK OF OCTOBER 31, 2016

**ARIES** (March 21 to April 19) The pitter-patter of all those Sheep feet means that you're out and about, rushing to get more done. That's fine, but slow down by the weekend so you can heed some important advice.

**TAURUS** (April 20 to May 20) You're in charge of your own destiny these days, and, no doubt, you'll have that Bull's-eye of yours right on target. But don't forget to make time for family events.

**GEMINI** (May 21 to June 20) Be prepared for a power struggle that you don't want. Look to the helpful folks around you for advice on how to avoid it without losing the important gains you've made.

**CANCER** (June 21 to July 22) Congratulations! You're about to claim your hard-earned reward for your patience and persistence. Now, go out and enjoy some fun and games with friends and family.

**LEO** (July 23 to August 22) The Big Cat might find it difficult to shake off that listless feeling. But be patient. By week's end, your spirits will perk up and you'll be your perfectly purring self again.

**VIRGO** (August 23 to September 22) A problem with a co-worker could prove to be a blessing in disguise when a superior steps in to investigate and discovers a situation that could prove helpful to you.

**LIBRA** (September 23 to October 22) This is a favorable time to move ahead with your plans. Some setbacks are expected, but they're only temporary. Pick up the pace again and stay with it.

**SCORPIO** (October 23 to November 21) Your creativity is recognized and rewarded. So go ahead and claim what you've earned. Meanwhile, that irksome and mysterious situation soon will be resolved.

**SAGITTARIUS** (November 22 to December 21) A new associate brings ideas that the wise Sagittarian quickly will realize can benefit both of you. Meanwhile, someone from the workplace makes an emotional request.

**CAPRICORN** (December 22 to January 19) It might be a good idea to ease up on that hectic pace and spend more time studying things you'll need to know when more opportunities come later in

November.

**AQUARIUS** (January 20 to February 18) A relatively quiet time is now giving way to a period of high activity. Face it with the anticipation that it will bring you some well-deserved boons and benefits.

**PISCES** (February 19 to March 20) Go with the flow, or make waves? It's up to you. Either way, you'll get noticed. However, make up your own mind. Don't let anyone tell you what choices to make.

**BORN THIS WEEK:** You like to examine everything before you agree to accept what you're told. Your need for truth keeps all those around you honest.

THIS WEEK IN HISTORY

• On Nov. 6, 1558, Thomas Kyd is baptized in London. Kyd created the "revenge play," which gave rise to tragedies like William Shakespeare's "Hamlet." Kyd's "The Spanish Tragedie," or "Hieronimo Is Mad Again," became the most popular play in England during its day.

• On Nov. 1, 1800, John Adams moves into White House in the final year of his only term as president. Although Adams was initially enthusiastic about the presidential mansion, he and Abigail soon found it to be cold and damp during the winter.

• On Nov. 3, 1883, Black Bart makes his last stagecoach robbery. When guards spotted gun barrels sticking out of nearby bushes, they handed over their strong box. The "rifle barrels" turned out to be sticks tied to branches.

• On Nov. 5, 1895, attorney George Selden wins U.S. Patent No. 549,160 for an "improved road engine" powered by a "liquid-hydrocarbon engine of the compression type." With that, as far as the government was concerned, George Selden had invented the car -- though he had never built a single one.

• On Nov. 2, 1912, the XIT Ranch of Texas, once among the largest ranches in the world, sells its last head of cattle. At its peak, the XIT, owned by Chicago capitalists, had more than 160,000 head of cattle, employed 150 cowboys and encompassed nearly 3 million acres.

• On Oct. 31, 1926, Harry Houdini, the most celebrated magician and escape artist of the 20th century, dies of peritonitis in a Detroit hospital. Twelve days earlier, Houdini had been punched twice in the

stomach, rupturing his appendix.

• On Nov. 4, 1990, "Dances With Wolves," a film about a Civil War-era soldier and a group of Sioux Indians, premieres in Los Angeles. The film, starring Kevin Costner, was a surprise box-office success and earned 12 Academy Award nominations.

STRANGE BUT TRUE

• It was Emily Post, arbiter of courtesy and expert on etiquette, who made the following sage observation: "Manners are a sensitive awareness of the feelings of others. If you have that awareness, you have good manners, no matter what fork you use."

• If you're planning on moving to Florida, keep in mind that in that state, it's illegal for a housewife to break more than three dishes in one day.

• It's a popular stereotype: a rejected lover sitting on a barstool, drinking to try to forget the heartbreak. The problem is, drinking isn't really an effective way to go about acquiring amnesia, even temporarily. Those who study such things say that imbibing alcohol can actually help people recall events that occurred just before they started drinking.

• A defense lawyer in a Canadian murder-for-hire case once argued that his client must be innocent -- because the defendant was useless. The attorney commented, "No one would hire him to cut the grass. Why would someone hire him to kill someone?" Nice try, but no luck: The man was convicted.

• There doesn't seem to be a clear explanation of why flies fly faster when they're in the sun than when they're in the shade.

• Twilight is often defined as the period of time when day is ending and night is beginning -- a pretty vague definition. There are more precise versions, though: Civil twilight is the time when streetlights come on, nautical twilight occurs when the horizon disappears, and astronomical twilight is when the faintest stars become visible.

THOUGHT FOR THE DAY

"Science is built with facts as a house is with stones, but a collection of facts is no more a science than a heap of stones is a house." -- Jules Henri Poincare

SCRAMBLERS

solution

1. Relief; 2. Caress; 3. Realm; 4. Urgent

Today's Word  
REFEREE

TRIVIA TEST

- Entertainment: The book "Happy Trails" was the autobiography of what famous Western film couple?
- History: What U.S. office did Aaron Burr hold when he shot and killed Alexander Hamilton?
- Literature: What was the pen name of this 18th-century French writer/philosopher whose real name was Francois-Marie Arouet?
- Geography: What small principality is located between France and Spain?
- Music: What father/daughter duo had a Billboard No. 1 hit in 1967?
- General Knowledge: What nation is the top producer of vanilla?
- Astronomy: What is the fifth planet from the sun in our solar system?
- Geology: What type of rock is pumice?
- Food & Drink: What were the five original colors of M&M's candies?
- Television: What were the names of the boys on the 1960s show "My Three Sons"?

TRIVIA ANSWERS

1. Roy Rogers and Dale Evans 2. Vice and purple 10. Mike, Robbie and Chip 8. Igneous 9. Red, yellow, brown, green and Frank Sinatra 6. Indonesia 7. Jupiter



# ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

## REAL ESTATE

### BEACH AREA BUILDING LOT

Beach area building lot, fourth property from Gulf, 150 steps to best beach on Sanibel. Property is 1361 Jamaica Drive. Identical lots in Captiva village selling for over \$1 million and this is much quieter, nicer and closer to town, with much better beach. \$460,000. Call owner at 239-233-1349.

★NS 10/7 CC 10/28

### SANIBEL BEACH NEIGHBORHOOD DUPLEX

Sanibel beach neighborhood Duplex. 1357 Jamaica Drive. Third house from best private, unspoiled, uncrowded Gulf beach on both islands. Great investment property, or live in one rent the other. Only \$640K for two beach homes, side by side. Call owner at 239-233-1349.

★NS 10/7 CC 10/28

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★RS 4/29 CC TFN

## COMMERCIAL RENTAL

### WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

★RS 8/5 CC TFN

## COMMERCIAL RENTAL

### PRIME COMMERCIAL PERIWINKLE EXPOSURE

1633 Periwinkle Suite F and or G 1,300sqft @ \$1,600 a month including tax or will separate the 2 suites at \$800 a month including tax. Available November 1st. Call 239-898-4464

★NS 10/7 CC TFN

## SEASONAL RENTAL

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★NS 10/28 CC TFN

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239-472-2311

★RS 1/23 BM TFN

### 'NEW' COTTAGE FOR RENT!

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Darling beach cottage, 2BR/1BA, pool, 5 lots to the beach, fenced yard, pets allowed w/approval. Completely renovated/remodeled, private and very upscale! New to the market... BOOK NOW! Prefer multi-month renter! Email: info@baileysbeachcottage.com  
Website: baileysbeachcottage.com

★NS 10/14 CC TFN

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**1-888-451-7277**

★RS 1/4 BM TFN

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★RS 1/4 CC TFN

## ANNUAL RENTAL

### ANNUAL RENTALS

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The Island Experience!

★RS 10/14 BM TFN

## LOAN NEEDED

### LOAN NEEDED

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★RS 7/22 CC TFN

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\* Weekly Maintenance Service  
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★NS 5/20 CC TFN

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★NS 9/16 CC TFN

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Sanibel Lic. #11412 Lee Co. Lic. #051047

★NS 1/4 PC TFN

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★RS 9/30 CC TFN

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★NS 10/14 CC TFN

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★RS 1/25 BM TFN

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★NS 10/7 CC 10/28

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★NS 10/14 CC TFN

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★RS 6/7 CC TFN

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★NS 10/28 CC 10/28

### TUTOR

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★NS 10/28 CC 10/28

## HELP WANTED

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Will train, pay tolls and have fun... call for an interview today 472-2311

★NS 10/28 CC 10/28

### HOUSING ADMINISTRATOR

Community Housing and Resources (CHR) is hiring a full-time, fully benefited Housing Administrator to professionally organize and implement programs and projects related to the management of 74 Below Market Rate affordable workforce and senior housing units on Sanibel Island. Reporting to the Executive Director, the position will perform project and property management, reporting functions, and compliance with federal, state, city and other program regulations. The position will have supervisory responsibilities and will work with a small team as well as Board of Directors and various committees. Five or more years professional administrative experience in related field. Strong verbal/written communication skills. High level of skill with computer applications and database management. See full description at sanibelchr.org/ careers. Send resume and cover letter to info@sanibelchr.org or Hiring Committee  
2401 Library Way, Sanibel, FL 33957  
by 4 p.m. November 7, 2016.  
SanibelCHR.org  
EOE

★NS 10/28 CC 10/28

### HELP WANTED

All around person for small Captiva Resort. Duties will include Front Desk Customer service and also working outside in marina operations. Please call 470-5389

★NS 10/21 CC 10/28

### JERRY'S FOODS WAITRESSES OR WAITERS

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★NS 5/6 BM TFN

## PERSONAL

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★NS 10/28 CC 10/28



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\*RS 1/4 NC TFN

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\*RS 10/14 CC 11/4

Why Being  
There Matters

On our planet, more than 70 percent of which is covered by water, being there means having the ability to act from the sea. The U.S. Navy is uniquely positioned to be there; the world's oceans give the Navy the power to protect America's interests anywhere, and at any time. Your Navy protects and defends America on the world's oceans. Navy ships, submarines, aircraft and, most importantly, tens of thousands of America's finest young men and women are deployed around the world doing just that. They are there now. They will be there when we are sleeping tonight. They will be there every Saturday, Sunday and holiday this year. They are there around the clock, far from our shores, defending America at all times.\*



Mediterranean Sea Petty Officer 1st Class William Arroya from Port Charlotte manufactures label plates aboard USS Ross  
photo courtesy Navy Office of Community Outreach

2016 Shell Point  
Holiday Bazaar

Purchase novelty gifts and great deals during the 11th annual Holiday Bazaar, to be held on Friday and Saturday, November 4 and 5 from 9 a.m. to 2 p.m. each day. Admission to the event, held in the Woodlands Commons at Shell Point, is free.

Hosted by residents from the Shell Point Crafters Group, this seasonal shopping event offers hand-designed gifts and stocking stuffers that are made or enhanced by Shell Point residents.

Many tables will be filled with an array of diverse crafts for sale on the first and second floors of the Woodlands Commons at Shell Point, located at 14441 Woodsong Lane in Fort Myers. Handmade items include specialty Christmas décor, Christmas

novelties, handbags, jewelry, intricate wood sculptures, three-dimensional paper crafts, homemade tasty goodies, children's clothing, holiday cards and more.

"Shell Point residents put an incredible amount of effort, originality, and care into the creation of quality products to be sold at our annual event. Spread holiday cheer by purchasing these one-of-a-kind treasures for someone special," said Karen Hubbard, Shell Point resident and chairperson of the craft show.

After shopping, guests are invited to enjoy a meal at the Promenade Café or Palm Grill, two of Shell Point's onsite public restaurants conveniently located in the Woodlands neighborhood.

Admission to the Shell Point Holiday Bazaar is free, although crafts may be purchased by cash or check only. An onsite ATM is available; call 489-8472 for more information.\*

HORTOONS



Top 10 Real Estate Sales

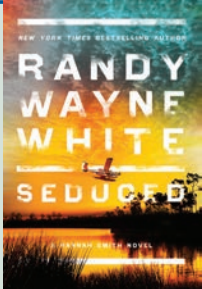
Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Tarpon Estates	Cape Coral	2013	5,381	\$2,695,000	\$2,600,000	70
Little Hickory Shores	Bonita Springs	2004	4,590	\$2,100,000	\$2,010,000	76
Magnolia Bend	Estero	2006	3,885	\$1,550,000	\$1,500,000	6
West Rocks	Sanibel	2016	2,315	\$1,049,000	\$987,500	63
Avallone	Bonita Springs	2006	2,904	\$999,700	\$920,000	112
Alva	Alva	1995	2,546	\$849,900	\$815,000	104
Cape Coral	Cape Coral	2003	3,786	\$824,900	\$727,777	142
Pine Shadows Air Park	North Fort Myers	1996	3,462	\$775,000	\$775,000	20
Rose Garden	Cape Coral	1999	3,290	\$764,900	\$745,000	98
Gumbo Limbo	Sanibel	1978	2,042	\$759,000	\$739,000	131





**BOOK SIGNING EVENT!**

**CAPTIVA ISLAND:  
NOVEMBER 3RD  
12PM - 3PM**



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***"For the sun-kissed & desirous  
alike, a vacation on a plate."***

*The New York Times  
Magazine*

**Sanibel Island**

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